



Fort Sam Houston

News Leader



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Fort Sam Houston — Home of Army Medicine

August 22, 2002

Army Surgeon General keynotes AUSA luncheon at post NCO Club

By Esther Garcia
Fort Sam Houston Public Affairs

The Association of the United States Army held its quarterly luncheon on Aug. 15 at the Noncommissioned Officer's Club. The keynote speaker was Lt. Gen. James B. Peake, Army Surgeon General and commander, U.S. Army Medical Command.

Before introducing Peake, William Hartman, president, Alamo Chapter AUSA, introduced special guest Councilman David Carpenter, District 10, who also serves as chairman for the City Council Military and Veterans Affairs Committee.

"It's great to be home, and I thank everyone for being here today," said Peake who previously served as installation commander. Peake thanked the business community for giving their time and money to make the Army better, and Fort Sam Houston, the "Home of Army Medicine".

"The most important



Photo by Esther Garcia

(left to right) Lt. Gen. James B. Peake, Army Surgeon General and commander, U.S. Army Medical Command, Councilman David Carpenter, District 10, and Brig. Gen. Daniel F. Perugini, commander, Brooke Army Medical Center, discuss Army Medical Department operations and support to the local area communities prior to the Association of United States Army Chapter Luncheon held Aug 15. Carpenter chairs the City Council Military and Veterans Committee.

thing about Army medicine is people, so I thought maybe I would talk about those people," said Peake.

Peake then directed everyone

to look at the large screens placed throughout the club. He talked about soldiers and civilians, highlighting what they have accomplished

personally and professionally, illustrating the quality of soldiers we have today in Army medicine.

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Briefs

End of Month Retirement, Aug. 29

A consolidated end of month retirement ceremony will be held Aug. 29 at 7:45 a.m. at Blesse Auditorium, Willis Hall, Bldg. 2841. The public is invited.

FSH Garrison EEO Office Closed, Aug. 29

The Fort Sam Houston Garrison Equal Employment Opportunity Office will be closed Aug. 29 to conduct training.

ACAP Center Open, Aug. 30

The Army Career and Alumni Program Center will be open for full service on Aug. 30. The center is located in the basement of Bldg. 2264. For appointments call 221-1213.

ACES Office Closed, Aug. 30

The Army Continuing Education System Office will be closed Aug. 30. Normal hours will resume Sept. 3, 6:30 a.m. to 4 p.m., Monday through Thursday and 7 a.m. to 3:45 p.m. on Friday.

FSH Commissary Open, Sept. 2

The Fort Sam Houston Commissary will be open on Labor Day, Sept. 2, 9 a.m. to 6 p.m. Early shopping is from 7 to 9 a.m.

Few infected with West Nile get seriously ill

By Jim Caldwell
Army News Service

As reports of deaths from the West Nile Virus make headlines, an Army surgeon wants soldiers, family members and civilian employees to know that those who become seriously ill from the virus represent less than 1 percent of all people bitten by virus-carrying mosquitoes.

"According to the Centers for Disease Control, in areas that have shown to be positive for the virus, in terms of birds and mosquitoes, there's less than a one percent chance that someone will become seriously ill from any one mosquito bite," said Col. Bernard DeKoning, the U.S. Army Training and Doctrine Command surgeon.

Still, as the five deaths reported from the West Nile Virus this year indicate, there can be serious complications.

"They tend to occur in people who are older, say in their 50s, and those with disorders of the immune system where you tend to see complications, such as encephalitis, which is an inflammation of the brain and then all the complications that go with that," DeKoning said.

Of the people who died from West Nile Virus so far this year, most of them were in their 60s and 70s, he said.

If symptoms do occur they will

appear in three to 15 days after a bite from a West Nile Virus-carrying mosquito. Young, healthy people who are infected usually experience "self-limited symptoms."

"That's a little fever, headache, some body aches," DeKoning said. "They'll feel like they have the flu. A virus causes flu; West Nile is a virus.

"The treatment is rest and fluids until you get over it, which can be anywhere from several days to a week, maybe 10 days."

The virus was first reported in the United States in summer 1999. From then through 2001, 149 cases were reported with 18 deaths. As of Aug. 5, 2002, there are 71 reported cases, including five deaths.

The dramatic reporting of deaths from the West Nile Virus and the unsolved mystery of how the virus arrived in the Western Hemisphere may have some people on edge.

West Nile Virus is normally found in Africa, western Asia, the Mediterranean region of Europe and the Middle East. DeKoning said how the virus first came to Western Hemisphere has not been established.

Mosquitoes get the virus from dead birds as they scavenge for blood. If a human is then bitten, that person receives the virus. However, a young and healthy person's

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Armed Forces absentee voting kicks into high gear

By Jim Garamone
American Forces Press Service

If you think your vote doesn't count, just ask George W. Bush and Al Gore.

With the 2002 general election fast approaching Nov. 5, Federal Voting Assistance Program officials are sponsoring Armed Forces Voters Week, Sept. 1-7. The week is designed for military installations worldwide to highlight voting issues.

"The objective is to create awareness of the electoral process and to motivate military members to participate in the upcoming general election," said Polli Brunelli, federal voting program director. "We want to encourage our military members, their dependents, our federal employees overseas and our overseas citizens to be aware of the elections and to exercise their right to vote."

She noted that the 2002 elections cover a third of the U.S. Senate, the entire U.S. House of Representatives, 37 governors and hundreds of local races. "These are lawmakers who will effect policies that govern our way of life," she said.

The states govern the voting rules for their residents. The FVAP works with state officials to ease absentee ballot processes. For example, Brunelli said, the program asked the states to allow

service members deployed in support of Operation Enduring Freedom to receive voting materials by facsimile machines and to fax in completed ballots.

The agency urges military personnel to contact installation voting assistance officers to learn about what they must do to vote in 2002. All units with more than 25 people also have voting assistance officers.

U.S. citizens residing overseas can visit embassies and consulates and get the same information.

The program launched an education process to teach voting assistance officers what they need to know to help service members. Worldwide, the office sponsored more than 100 workshops, Brunelli said.

She said her office has met with state leaders to ensure that all absentee ballots are in on time, properly filled out and counted.

"We're working on postal issues as well," Brunelli said. Deputy Defense Secretary Paul Wolfowitz signed a memo to the military postal service to ensure that all voting materials are postmarked and cancelled for all deployed vessels and personnel. Further, military postal service employees will look for voting materials to ensure they are moved expeditiously.

For more information on Armed Forces Voting Week or absentee voting, point your Web browser to www.fvap.gov.

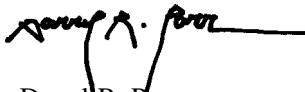
Labor Day safety awareness message

The first Monday in September was designated by Congress on June 28, 1894 as Labor Day, in honor of the wage earners of America. This holiday weekend period will unofficially close the summer season in most parts of the country. I am sure many military and civilian personnel will travel and participate in a variety of recreational activities this Labor Day weekend.

Unfortunately, accidents significantly multiply during holiday periods. So far this fiscal year, the Army has lost 98 soldiers due to fatal POV accidents. This is a 16 percent increase from FY 2001. I expect commanders to brief all their personnel on accident avoidance prior to the Labor Day weekend. Concentrate your efforts on POV operation and recreational activities. Reemphasize simple, basic requirements such as ensuring adequate sleep/rest before long trips, wearing seat belts in POVs, wearing helmets and other protective gear if operating motorcycles, driving defensively, and wearing life vests while boating or water skiing.

Review recreational hazards and relevant protective measures. Remind your people to stay sober whether driving, boating, swimming, or participating in other activities that demand skill and alertness.

Tragic, senseless accidents resulting in serious injuries and fatalities will undoubtedly occur during this Labor Day holiday period throughout the country. Do not let this happen to our most vital resource—our military/civilian employees, or their families.



Darrell R. Porr
Maj. Gen., U.S. Army
Commanding

Buckle up or pay up!

People who wear seatbelts increase their odds of surviving a serious crash by 45 percent and increase their odds of avoiding serious injuries by 50 percent.

The following Texas law applies to Fort Sam Houston:

- Texas law requires every person sitting in the front seat of a vehicle to wear a safety belt.
- All children under 17 years of age must be secured with a

safety belt or in a child safety seat, whether they are sitting in the front or backseat.

- A child less than 4 years old or less than 36 inches tall must be secured in a child safety seat.

- Drivers can be stopped and ticketed for a safety belt violation if any of their passengers under 17 years of age are not buckled up or properly restrained.

- A child passenger safety violation can result in a fine of \$100 to \$200 or mandatory attendance at a traffic safety education class on child safety seats and safety belts.

- Drivers and passengers 15 years old or older who are not wearing safety belts in the front seat can be ticketed directly. Fines range from \$25 to \$50.

Yield right-of-way to emergency vehicles

The Department of Public Safety, Texas Drivers handbook states “You must yield the right-of-way to police cars, fire trucks, ambulances and other emergency vehicles which are sounding a siren or bell or flashing a red light by pulling to the right edge of the roadway and stopping. In the event traffic is so congested as to prevent you from safely doing so, slow down and leave a clear path for the emergency vehicle.” It is also a law that you must not follow within 500 feet of a fire truck or ambulance when they are answering an alarm with flashing red lights on. Do not drive or park your vehicle so as to interfere with the arrival or departure of an ambulance to or from the scene of an emergency. If you are sitting at a red light, and the emergency vehicle cannot get around you, it is recommended, you make a right turn on the cross street, or proceed through the intersection with caution, when able to do so. The Fort Sam Houston Provost Marshal warns that a person who fails to yield the right-of-way to an emergency vehicle may be fined \$450 for failing to do so.

Source: The Fort Sam Houston Fire and Emergency Services, Inspector Sherry Salone.

Fort Sam Houston News Leader

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American Dental Association president speaks at Dental Activity luncheon at FSH Officers' Club

Story and Photo by Edward Rivera
Fort Sam Houston Public Affairs

At a recent luncheon held at the Fort Sam Houston Officers' Club,

Greg Chadwick, D.D.S., M.S., president of the American Dental Association who also has a full-time practice of endodon-

tics in Charlotte, N. C., spoke to members of the Fort Sam Houston Dental Activity.

Chadwick served a four-year term on the ADA Board as Sixteenth District Trustee. His Board responsibilities included serving as liaison with the ADA Councils on Communications, Dental Benefits and Government Affairs; as a member of the Strategic Planning Committee and the task force relating to the ADA's Web site; and as chairman of the Dental Information Technology Committee.

Chadwick expressed his gratitude for the opportunity to address the more than 100 Dental Activity members. He

also gave his thanks to them and the military for all they do.

"More than two hundred centuries ago our forefathers in Philadelphia left us a legacy of freedom and self government that has stood the test of time," said Chadwick. "At this very moment our troops, your colleagues, are in harms way. We are indebted to all of you for using your skills and talent in the dental corps."

Chadwick continued speaking about provisions contained within the Defense Authorization Act backed by the ADA such as a scholarship program for junior officers. In addition, there are ADA backed bills which support

continued specialty pay and certain tax exemptions.

"You (military dentists) deserve our finest efforts as well as every member of our profession," said Chadwick. "Keeping an eye on the big picture, and what the ADA does for the entire profession, you see that the ADA does for all groups, not just a specific group, such as dental corps, private practice, students or research."

In closing Chadwick challenged everyone to get involved, not only with the ADA but also within the dental profession to continue the quality and professionalism for the future members of the profession.



Dr. Greg Chadwick, D.D.S., M.S., president of the American Dental Association speaks to members of the Fort Sam Houston Dental Activity at the Fort Sam Houston Officers Club August 15.

BNOC Graduation, Aug. 27

The Basic Noncommissioned Officer Course, Class 042, will conduct a graduation ceremony Aug. 27, 9 a.m. at Blesse Auditorium, Bldg. 2841 on Stanley Road.

Be aware of virus symptoms

From *WNV* Page 1

chances of becoming seriously ill from any one mosquito bite are extremely small.

"We don't want to raise the panic level," DeKoning said. "That's always a balance for public health authorities. You want to inform the public and don't want to create a panic."

So far there have been no infected humans, horses or birds on Department of Defense installations. However, there are large populations of virus-carrying birds and mosquitoes around Forts Myer, Va.; McNair, Washington, D.C.; McPherson, Ga.; Andrews Air Force Base, Md.; and the Pentagon.

"There have been no reports from TRADOC installations of infected birds or mosquitoes," said Col. Steve Guthrie, assistant deputy chief of staff for operations at TRADOC. "We've encouraged commanders to have an active command information program to tell people on their installations the actions they can take to reduce the mosquito population in their area, if required, and how to protect themselves if they are exposed to infected mosquitoes."

"We have asked commanders if they find they have infected birds and mosquitoes

around their installations to report it to us. The headquarters can assist them in determining the next steps to take to help, as well as assisting any impacts on the rest of TRADOC or The Army."

Guthrie said abatement procedures against mosquitoes that might be infected with the West Nile Virus are the same as those taken to control mosquito populations anywhere. They include spraying standing water to kill mosquito larva. Aerial and ground level spraying can be used to kill adult mosquitoes. However, local authorities need to determine if such abatement procedures are required.

People should get rid of standing water in areas around work places and their homes to get rid of possible mosquito breeding sites.

Stronger measures include issuing soldiers tubes of DEET, and insect repellent, and permeating BDUs with permethrin, another repellent.

"We want commanders to develop any abatement and personnel protection programs, based on both their local situation and a risk analysis before expending a great deal of resources," Guthrie said. "We would like to review their programs that might require significant resources before execution."

Army News Service

The Army's upcoming electronic military personnel office, eMILPO, will test software beginning in September at personnel units in Korea, Fort Lewis and Kuwait.

If the testing goes well eMILPO is expected to greatly improve basic personnel actions and save soldiers' time when it goes online in December.

"The development and testing of the eMILPO application will be performed in three iterations. Each iteration builds on the previous iteration's functionality," said Doug Ruggiero, U.S. Army Personnel Command.

There will be, as part of this testing, three user acceptance test phases, and one for each iteration. They will be conducted and performed by on-site Army test teams at:

- Eighth U. S. Army, Korea Iteration one - Sept. 3 through 13, Iteration two - Sept. 30 through Oct. 11, and Iteration three - Nov. 12 through 22.
- Fort Lewis, Wash. Iteration one - Sept. 9 through 20,

Iteration two - Oct. 7 through 18, and Iteration three - Nov. 12 through 22.

- 3rd Personnel Command, Kuwait Iteration one - Sept. 17 through 19, Iteration two - Oct. 15 through 17, and Iteration three - Nov. 19 through 21.

All of the tests should be completed about Nov. 22, Ruggiero said.

"Replacing the Standard Installation Division Personnel System is going to benefit us," said Col. William Mansell, a career Adjutant General officer in PERSCOM. "Personnelists in battalions, brigades and personnel service units throughout the Army will find eMILPO is easier to use than the SIDPERS3 they have now. Unlike SIDPERS, eMILPO uses a centralized database and will give near real-time, Army-wide visibility on personnel information."

It is an interim step however, toward a much larger, multi-service, integrated personnel and pay management system called the Defense Integrated Military Human Resources System,

officials said. Primarily PeopleSoft8, a pure commercial, off-the-shelf Internet software program, will drive DIMHRS.

The Army will be the first service to implement the DoD program in the third quarter of 2004, said Lt. Col. Mark McAlister, director of the Army DIMHRS Office.

"It will revolutionize how the Army does personnel and pay business," McAlister said. "Soldiers will get online for both personnel and pay services instead of getting in-line at separate offices."

DIMHRS builds upon eMILPO with an integrated personnel and pay system that creates a common database for all military services, McAlister said.

Some of the key personnel functions eMILPO will improve are arrivals, updates to the Department of Defense Form 93, reassignments, promotion transactions, manning reports, DEERS and personnel accountability.

Peake highlights quality of soldiers in today's Army

From *AUSA* Page 1

Sgt. Christine Roberts, a Dustoff medic, helped a soldier who had landed on a mine on the side of a mountain in Kosovo and had to have his leg amputated. Roberts trained at Walter Reed, has had tours in Korea, and is also a mother of three.

Staff Sgt. Eric Smeed, who started out with the National Guard, became a 91B in 1992, trained as a physical therapy technician while on active duty and was an honor graduate of the program here. Smeed also has an associate's degree in physical therapy from St. Phillips. Smeed invented a special medical emergency evacuation device to

transport patients while assigned to the Institute of Surgical Research. The Rangers, Air Force and Special Operations are using this device. Smeed is now a recruiter for the Army.

Capt. Dan Barnes who attended the University of Ohio, is a board-certified internist. He was named Fort Hood's outstanding young physician. Barnes wasn't able to accept the award because he was in Kuwait. He volunteered to be a brigade surgeon with the First Cavalry doing a great job of training soldiers in Kuwait.

Sgt. 1st Class Shawton Thomas, 2001 Drill Sgt. of the Year, is a 91 W, who joined the

Army under the acquired civilians skills program. She is a master fitness trainer, and has an associate's degree in health science.

"These are the kind of quality of people we have in the medical department across the spectrum," said Peake.

At the conclusion of Peake's speech, Hartman announced that a contribution would be made to the Meloy Scholarship fund on his behalf. The Meloy Scholarship program provides educational assistance to men and women who are interested in pursuing Army careers.

Rumsfeld submits annual report to Congress

By Linda D. Kozaryn
American Forces Press Service

New threats call for a new approach to defense and highlight the need to transform the nation's armed forces "now," Defense Secretary Donald H. Rumsfeld told the president and Congress in his annual report.

The United States is in a new, dangerous period, Rumsfeld said in the report, posted Aug. 15 at www.defenselink.mil/execsec/adr2002/index.htm. "The historical insularity of the United States has given way to an era of new vulnerabilities," he said.

"Current and future enemies will seek to strike the United States and U.S. forces in novel and surprising ways," the secretary said. "As a result, the United States faces a new imperative: It must both win the present war against terrorism and prepare now for future wars, notably different from those of the past century and even from the current conflict.

"America will inevitably be surprised again by new adversaries striking in unexpected ways," he said.

"Surprise and uncertainty" define the Defense Department's challenge to defend the nation against "the unknown, the unseen and the unexpected," he said. Now is precisely the time to make changes," he said. "The attacks on Sept. 11 lent urgency to this endeavor."

Prior to the terrorist attack, Rumsfeld noted, defense officials had already completed the Quadrennial Defense Review and were fashioning a new approach to defense. That included a new defense strategy, replacing the two major theater war construct, and revitalizing the missile defense program free of the constraints of the Anti-Ballistic Missile Treaty.

Defense officials had also reorganized the department to focus on space capabilities and fashioned a new Unified Command Plan to enhance homeland defense

and to speed up transformation. Defense officials had also adopted a new approach to strategic deterrence to increase security while reducing the number of strategic nuclear weapons.

Much has been achieved, the secretary said, even in the midst of fighting a war on terrorism. "Not a bad start for a department that historically has had a reputation for resisting change," he noted.

Rumsfeld said the military now has six operational goals:

- Protect the U.S. homeland and defeat weapons of mass destruction and their means of delivery.
- Project and sustain power in distant anti-access and area-denial environments.
- Deny enemy sanctuary by developing capabilities for persistent surveillance, tracking and rapid engagement.
- Leverage information technologies and innovative network-centric concepts to link joint forces.
- Protect information systems from attack.
- Maintain unhindered access to space and protect U.S. space capabilities from enemy attack.

"These six goals represent the operational focus for our efforts to transform the U.S. armed forces," Rumsfeld said. Over the next decade, he continued, defense officials will transform some forces to "serve as a vanguard and signal of the changes to come."

Ground forces will be lighter and more lethal than today; they'll be highly mobile and capable of being inserted far from traditional ports and air bases; and they will be networked with long-range, precision-strike systems, he said.

Naval and amphibious forces will be able to operate close to an enemy's shores and project power deep inland, he said. Air forces will be able to locate and track mobile enemy targets and strike rapidly at long ranges without warning, he added.

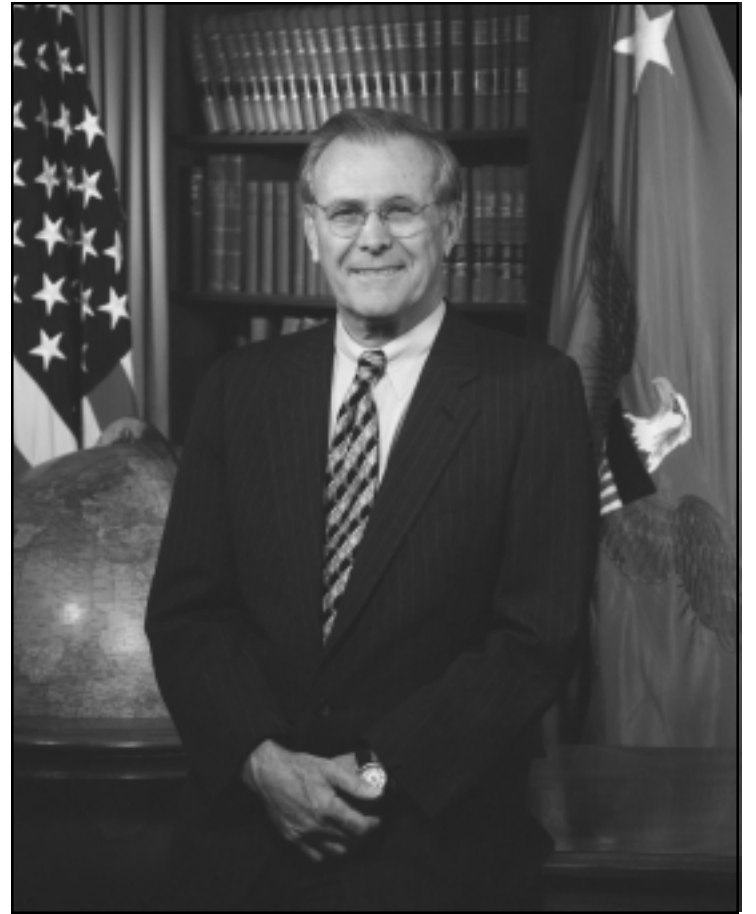
"The joint force," Rumsfeld noted,

"will be networked in order to conduct highly complex and distributed operations over vast distances and in space."

Over the past decade, he said, the department invested too little in its people, equipment and infrastructure. The new defense approach defines and calls for balancing four risk areas:

- Force management risk results from issues affecting the ability to recruit, retain, train and equip sufficient numbers of quality personnel and to sustain readiness of the force while it performs operational tasks.
- Operational risk stems from factors shaping the ability to achieve military objectives in a near-term conflict or other contingency.
- Future challenges risk derives from issues affecting the ability to invest in new capabilities and to develop new operational concepts needed to dissuade or defeat mid- to long-term military challenges.
- Institutional risk results from factors affecting the ability to develop management practices, processes, standards and controls that use resources efficiently and promote the effective operation of the defense establishment.

Focusing on these four areas will help the department set priorities and allocate



Donald H. Rumsfeld
Secretary of Defense

resources, Rumsfeld said. "The Department of Defense must wisely allocate resources and structure programs to create a portfolio of capabilities that is balanced appropriately for the variety of challenges we face," he said.

The department's immediate task, he said, is to stop erosion in capabilities caused by underinvestment during the past decade. "The current budget request focuses on this task while seeking additional investments to put the armed forces on a path to reducing and managing all four categories of risk," he concluded.

TIM headquarters to open doors, heads into new phase

By Staff Sgt. Marcia Triggs
Army News Service

A centralized agency designed to manage Army installations and fence funds for soldiers and their families will open its headquarters Oct. 1 in Arlington, Va.

The Installation Management Agency will execute the concepts outlined by Army Secretary Thomas White when he pledged last year that the service would implement better business practices.

Transformation Installation Management has evolved into more than cutting layers of bureaucracy, said Philip E. Sakowitz Jr., the new agency's deputy director. The transformation phase has led to the opening of the IMA, and the make-up of the Army is only one very visible change to be made, said IMA officials.

The Army's plan is to reduce military personnel in garrison, said Sakowitz, who has spearheaded the Installation Management task force since March.

"The only positions we can say for sure will remain is the garrison commander and command sergeant major," Sakowitz said, inferring other garrison positions will be filled by civilians.

IMA has also become a mechanism for making sure the Army is taking care of its personnel, and running to standard, Sakowitz said.

The purpose of the agency is to make sure funds are funneled into programs to

which it is allocated. Funding for an installation will be separated into two different pots, and no longer will it migrate between mission and base operations. The outcome is expected to be soldiers better trained for mission, improvement in well-being programs, and better workplace and living conditions on post, Sakowitz said.

Installation management will also be held accountable to a standard, he added.

"All soldiers have a standard operating procedure for doing their job — the Army didn't have one," Sakowitz said. "We hadn't been training to any standards in installation management. However, we have 95 base-operation services, examples are: childcare centers, dining facilities and gyms. We're going to write an SOP for all of them."

As an example of consistent base operations throughout the Army, Sakowitz talked about gym improvements. Plans are currently being written to have all gyms in operation for 90 hours a week, he said. The square footage of the gym will be based on the installation's population and all programs run by the gym, such as intramural teams, will also be under the same guidelines.

Change will not happen overnight, Sakowitz said. It will take about a year before all the standard operating procedures will be written. The headquarters staff will only be 40 percent staffed in

October, and fully staffed sometime in 2003.

Soldiers will start to see upgrades in their living quarters and where they work in fiscal year 2003, but most changes won't take place until the 2004-2005 timeframe, Sakowitz said.

There are a number of changes the Army will undergo under IMA, and one will be the elimination of borrowed military personnel, Sakowitz said.

"Soldiers who work at the gym and basic trainees who pull KP [kitchen-patrol] duty are examples of borrowed military personnel," Sakowitz said. "Most of the time we don't have the funds to man those facilities, so we pull soldiers out of training."

The IMA will be run by Maj. Gen. Andy Aadland, who is currently the commanding general for the Maneuver Support Center, Fort Leonard Wood, Mo. He will also head up the seven IMA regions. The regions' headquarters will be located at Fort Monroe, Va.; Fort McPherson, Ga.; Rock Island Arsenal, Ill.; Fort Sam Houston, Texas; Heidelberg, Germany; Fort Shafter, Hawaii, and Yongsan, Korea.

"There are a lot of people who are confused by the IMA regions, Sakowitz said. "They think that we are going from 14 major commands to seven regions. We're going from 14 to one. It's not central unless you go to one."

The MACOMS - such as Forces Command and Training and Doctrine Command - will no longer be the sole management authority for installations.

MACOM commanders will still be engaged in installation matters, as six of the commanders will represent all MACOMS and sit on a newly established installation management board of directors, Sakowitz said. However, the MACOM commanders will not be involved in day-to-day operations, he said.

"I believe in my heart this is good for the Army," Sakowitz said.

Not only will IMA be taking care of people, managing all installations under one umbrella will enable the Army to capitalize on bulk purchasing to save money.

In a speech, Secretary White said that the Army has 300-plus separate contracts with Microsoft. That's an inefficient use of money, Sakowitz. In the future, one contractor could serve all the Army's state or regional supply and utility needs," he explained, "and the money saved can go back into well-being programs for the community."

Just as Transformation on the tactical side is developing in stages, TIM will change the Army at a slow but steady pace, Sakowitz said.

New drug policy expands testing to catch more users

By **Gerry J. Gilmore**
American Forces Press Service

The Defense Department is continuing its demand reduction efforts with a new policy that involves more frequent random testing of active duty military, reservists and civilian employees.

Signed by Deputy Defense Secretary Paul D. Wolfowitz on July 31, the new policy reflects the reality that the nation is at war, Andre Hollis, deputy assistant secretary of defense for counternarcotics, said Aug. 13.

“It’s even more critical during war that our service members are mentally alert and physically fit. Drug use is inconsistent with that,” he emphasized. “I’m sure that’s the message you’ll hear from the NCOs all the way up to the secretary of defense.”

Hollis said he was tasked to do a bottom-up review of DoD’s drug policy after assuming his job in August last year. The new policy is a result of that review, he noted. The primary purpose of the policy is to reduce demand for and the use of illegal drugs within DoD.

“We’re going to increase our testing across all the services - active, National Guard and Reserve,” he said. “That’s very important, because all of our men and women in uniform and civilian members of DoD are involved in this war effort. It’s critical that we all give 100 percent and that we’re drug-free and able to help the secretary and the president in this war on terror.”

Hollis said the new policy also calls for minimum, across-the-board consequences for anyone in DoD - military or civilian - caught using drugs. He said that he

noticed during his review that rules varied across the services regarding drug use.

For example, he explained, in the past service members of different branches found using drugs under the same circumstances might have received different punishments.

DoD is working closely with the services to come up with minimum uniformity to improve not only the sense of fairness, but also the clarity of the message, he said.

Hollis noted that message is simple: Drug use is incompatible with military service or civilian employment at DoD.

“Drug use is not going to be tolerated. There are going to be consequences,” he emphasized. “We will not tolerate it.” Abusers, he said, could be subject to dishonorable discharges, dismissals, prison time, fines and criminal records.

Responding to some media reports that allege a great increase in illegal drug use within the military, Hollis asserted, “Not so.”

Recent DoD statistics bear out his contention there is no drug epidemic in the ranks. There is, however, a modest increase in the overall percentage of active duty troops testing positive for so-called club drugs during the past three years, he noted.

For example, in fiscal 1999, 1.11 percent of the 1.1 million active duty service members tested were positive for illegal drugs. The positive rate for those tested in fiscal 2000 was 1.32 percent, and in fiscal 2001, 1.45 percent.

Hollis explained the increase by noting that more random testing by the services in recent years has been catching more

drug users. Under the new policy, he asserted, random drug testing will become even more frequent.

Second, the services have significantly increased their ability to test for club drugs increasingly favored by younger people, he said. Upgraded laboratory technology also enables testers to detect a subject’s drug use further back in time than was previously possible, he added.

In fact, more service members are indeed being busted these days for having the club drug ecstasy in their systems. DoD statistics show 495 ecstasy abusers among the 12,264 active duty service members found abusing illegal drugs in fiscal 1999. With more stringent drug screening standards in place, Ecstasy users totaled 1,744 out of the 16,759 abusers caught in fiscal 2001.

Those numbers hardly represent an ecstasy epidemic, Hollis pointed out. DoD statistics show the fiscal 1999 and 2001 active duty populations to be steady at roughly 1.3 million. The test pools were 1.105 million active duty members sampled in fiscal 1999 and 1.157 million in fiscal 2001.

Hollis noted that marijuana continues to be active service members’ illegal drug of choice - used by 70 percent of the 16,759 drug abusers caught in fiscal 2001, down a

few percentage points from 2000. The other drugs in the top three most abused by service members are cocaine and methamphetamine (speed). Ecstasy is a close fourth. Drug abuse degrades performance, Hollis continued, and it may also cause well-documented adverse health effects. DoD medical experts point to recent studies that show users can suffer permanent brain damage from even one small dose of ecstasy.

Hollis said the new DoD policy will simultaneously encourage and educate service members to avoid drug use.

DoD’s zero tolerance stance on drug use will also be made clear to potential recruits, he added.

“We don’t want people who are going to take drugs,” Hollis said. “We want the ‘best and brightest.’ If you’re going to take drugs, go somewhere else.”

Service members in particular, he pointed out, should recognize that today’s world is a dangerous place. “You may be called upon to defend the country. You can’t do that if you’re ‘high,’” he said.

“We want to make sure our policies are clear and that the consequences for breaking those policies are also clear,” Hollis concluded.

Major upgrade of equipment for radiology at BAMC

The radiology department at Brooke Army Medical Center will undergo a major upgrade in computer equipment during Aug. 22 through 27. During this time, your health-care provider may defer routine, non-emergent x-ray procedures until the upgrade is completed. The new state-of-the-art equipment will improve radiology services to the patients.



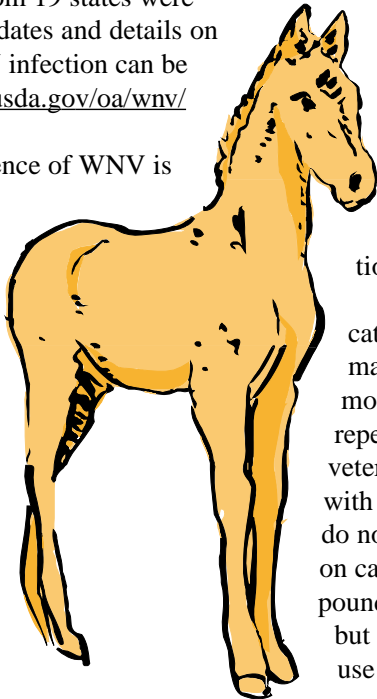
Take preventive steps to protect horses and other animals from West Nile Virus

West Nile Virus (WNV) infects and may cause death in some horses, but does not appear to cause extensive illness in dogs or cats. There is a single published report of WNV isolated from a dog in southern Africa (Botswana) in 1982 and the virus was isolated from a single dead cat in 1999. A serosurvey in New York City of dogs in the 1999 epidemic area indicated that dogs are frequently infected. Nonetheless, disease from WNV infection in dogs has yet to be documented in the US.

In contrast to dogs and cats, 25 horses in New York displayed neurological signs as a result of WNV infection in 1999. These horses had difficulty walking and showed signs of knuckling over, head tilt, muscle tremors, and the inability to rise. Of these 25 horses, nine (36 percent) died or were euthanized. The 16 surviving horses all recovered and all developed WNV antibody titers.

In 2000, the National Veterinary Services Laboratories confirmed 60 horses with WNV infection. Thirty-seven horses survived the infection and 23 (38 percent) died or were euthanized. In 2001 more than 400 clinical cases of WNV infection in horses from 19 states were reported. National updates and details on equine cases of WNV infection can be found at www.aphis.usda.gov/oa/wnv/index.html

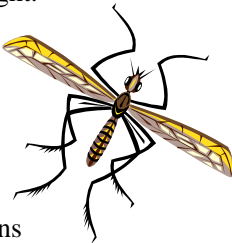
Although the presence of WNV is of concern, there are many ways to reduce the risk of humans and horses becoming infected. Reduce risk or eliminating places where mosquitoes can breed by emptying water from used or discarded tires, plant pots, birdbaths, watering troughs and plastic wading pools.



If water must be kept in these items, it should be changed daily.

While most people are now aware that they should empty birdbaths and water bowls, the problem areas are often those, which are out of sight.

Roof gutters should be cleaned, and holes may be drilled at the bottom of recycling or garbage cans to prevent water from pooling. Mosquito larvae have been found in tiny water pools contained in overturned bottle caps.



Protective measures for horses include vaccination and installation of mosquito-proof screens on stalls of stabled horses as well as installing fans in horse stalls. Presently, the only vaccine available is a veterinary vaccine for use in horses, mules, and donkeys. The vaccine requires an initial series of two injections three to six weeks apart. Full protection doesn't develop until four to six weeks after the second dose so it is imperative that the vaccine be given prior to exposure to the virus.

An annual booster injection is required to maintain protection. The vaccine is in limited supply so you should purchase both doses at the same time. Contact your local Veterinary Treatment Facility for more information.

Use insect repellents on dogs, cats and horses cautiously as they may cause more problems than the mosquito bite. Only use insect repellents that are approved for veterinary use and in accordance with labeled directions. In particular, do not use products intended for dogs on cats as these may contain compounds that are appropriate for dogs but are poisonous to cats. Do not use premise sprays intended for the

house or yard on or near pets and always carefully read instructions prior to use. Follow all directions carefully. Do not use products intended for humans on animals.

For more information visit the following Websites:

West Nile Virus in Domestic Animals and Birds

<http://www.state.ct.us/doag/wnvfact2.htm>

Centers for Disease Control
<http://www.cdc.gov/ncidod/dvbid/westnile/q&a.htm>

<http://www.cdc.gov/ncidod/dvbid/westnile/index.htm>

Vaccine information
http://jefferson.ifas.ufl.edu/ag_pages/wnv_vaccine.htm

<http://www.thehorse.com/viewarticle.asp?fid=1109&dpt=5>

A good overview of the disease and prevention 33

<http://atlas2100.agr.state.ga.us/html/wnvqa.html>

Link to state and local sites
http://www.cdc.gov/ncidod/dvbid/westnile/city_states.htm

Texas Department of Health
<http://www.tdh.state.tx.us/zoonosis/diseases/arboviral/westnile/westnile.asp>

<http://www.tdh.state.tx.us/zoonosis/diseases/arboviral/westnile/wnFaq.asp>

United States Army Center for Health Promotion and Preventive Medicine
<http://chppm-www.apgea.army.mil/westnilevirus/>

West Nile Virus: Protecting yourself from biting insects

Due to the recent West Nile Virus (WNV) outbreaks, the following tips for protection from mosquitoes are recommended while out on the field:

- Apply DEET skin lotion (NSN 6840-01-3982) to all exposed skin. One application should last for about 6-12 hours. If ordering for soldiers, CHPPM entomologists suggest that about six tubes per soldier will be needed for a typical 30 JRTC rotation or similar exercise.

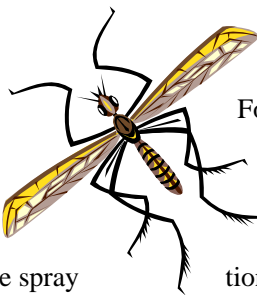
- Apply permethrin repellent to your BDUs. There are two methods, the spray can (NSN 6840-01-278-1336) and the IDA kit (NSN 6840-01-345-0237). About three-quarters of one aerosol can

will provide protection for one BDU set for about six washings. The IDA kit will treat one uniform, but lasts for 50 washings.

- Wear the uniform properly, sleeves down, boots bloused.
- When sleeping in the field, use a mosquito net.

More information is available from the local Preventive Medicine Office, the Armed Forces Pest Management Board at (301) 295-7476, their Website

<http://www.afpmb.org/index.htm>, or from the U.S. Army Center for Health Promotions and Preventive Medicine (CHPPM Entomological Sciences Program at DSN 584-3613 or <http://chppm-www.apgea.army.mil/ento/>.



Army suspends re-enlistment bonuses until October

Army News Service

The Army suspended its re-enlistment bonus programs for active-duty soldiers until Oct. 1.

The suspension became necessary with a retention success that exhausted the fiscal year 2002 re-enlistment budget, said Ron Canada, chief of the U.S. Army Personnel Command retention office. He said the Army has already re-enlisted more than 51,600 soldiers against its goal of 49,019, or 105 percent.

Soldiers who are scheduled to separate from the Army between Aug. 19 and Sept. 30 will be allowed to voluntarily extend until after Oct. 1 so they can re-enlist for a bonus, Canada said.

“We have to place a freeze on paying bonuses when soldiers re-enlist for the remainder of August through September because we’ve done so well with re-enlistment across the Army,” Canada said.

The programs frozen include the selective re-enlistment bonus, the targeted selective re-enlistment bonus and the broken service selective re-enlistment bonus programs.

The freeze does not affect Army Reserve or Army National Guard re-

enlistment bonuses, officials said. Nor will it stop the payment of re-enlistment bonuses that have already been granted, Canada said.

Soldiers who re-entered the Army or re-enlisted prior to Aug. 19 and were entitled to a re-enlistment bonus will continue to be paid their bonuses, Canada explained. Soldiers entitled to an anniversary payment from an earlier re-enlistment will continue to receive their anniversary payments during this suspension, he said.

Soldiers who were scheduled to re-enlist between Aug. 19 and Sept. 30 and were otherwise eligible for a bonus, will be advised to delay their re-enlistment until Oct. 1 or later or when the program will be funded for fiscal year 2003.

Those in specialties that do not have a bonus are not affected by this suspension and can continue to re-enlist, Canada said.

More than 100 of the Army’s military occupational skills had offered bonuses and are affected by the re-enlistment suspension, Canada said.

More information about the job specialties that were receiving re-enlistment bonuses can be found in military

personnel messages 02-174 dated Jun. 16 and message 02-205 dated July 16. These messages can be found on <https://www.perscomonline.army.mil>.

Personnel officials ask that this suspension information reach all commanders, re-enlistment offices, recruiters, and finance and accounting offices. Re-enlistment offices will be notified through the Army retain system over the weekend,


Canada said, and career counselors worldwide will be informed Monday morning when they turn on their retain system.

Career counselors throughout the Army will be able to answer questions about reenlistment options, Canada added.

Source: Information provided by PERSCOM Public Affairs.

Enforcing the school zone speed limit

The Military Police (MP) will be enforcing the 20-mph speed limit in school zones. Be sure to obey the speed limits and keep an eye out for children. Also, be aware that passing a school bus when it is loading or unloading students is illegal and punishable by a minimum of \$200 fine. There has also been an increase of speeding in the housing areas. MPs using radar have been stopping speeders and issuing citations. Fines for speeding can be very expensive. Remember, speed limits in the housing areas and troop areas are 20 mph. When passing troops in formations, the speed limit drops to 10 mph.



Soldier and NCO of the year competition to kick off in DC area

MACOMS prepare to send best to first ever Army competition

Army News Service

Through a process of elimination, major commands are sending their best to compete in the first-ever Armywide NCO and Soldier of the Year Competition, Sept. 23-27.

Starting at the unit level, soldiers wanting to prove that they are the Army’s best have competed in numerous tasks to include navigating through the dark looking for points and impressing boards of sergeants major with their knowledge of the Army.

Now that the MACOM competitions are over, two dozen troops from around the world will travel to Fort A.P. Hill, Va., to compete at Department of the Army level.

“We have the best Army in the world and naming its top soldier and sergeant seemed like a way to honor them,” said Sgt. Maj. of the Army Jack L. Tilley. “We have conducted these competitions at the battalion, brigade, division, corps and major-command level for years - this just seemed like a logical step to take.”

On the first day of competi-

tion, troops will take the Army physical fitness test; write an essay on the topic, “If I were the sergeant major of the Army what areas would I focus my energies on and why;” and the day will conclude with hands-on common tasks training.

The next day will be M16A2 rifle qualification. There will be no instruction or assistance on the M16A2 rifle, officials said. Candidates are required to know how to zero their weapon and know the fundamentals of marksmanship, officials added. That day will be concluded with day and night land navigation.

The final event will be the board appearance in front of six command sergeants major and the sergeant major of the Army, who will sit as the board president. Candidates again will have to show that they can maintain their military bearing while answering soldier-related questions. In the case of a tie the sergeant major will be the deciding vote.

Winners will be announced at the awards ceremony Sept. 27. Both the soldier and NCO will receive a trophy, ring, a pair of

boots, and other prizes are currently being considered, officials said.

More than 12 MACOMs will be represented at the competition.

The Training and Doctrine Command winners are Sgt. 1st Class Reginald D. Sampson, Fort Jackson S.C. and Spc. Daniel C. Davis, Fort Leavenworth, Kan. This year was also the first time TRADOC held a MACOM Soldier and NCO of the Year competition.

Tilley wasn’t able to make it to all of the MACOM competitions, but during the awards breakfast ceremony at First Army, Fort Gillem, Ga., Tilley congratulated all the participants. First Army’s NCO of the year, Sgt. 1st Class Antonio Valentin Jr., is also the Forces Command winner, and will be competing at the Armywide level.

The First U.S. Army soldier of the year is Spc. Anna Gurrera, a chemical operations specialist.

Staff Sgt. Khalida Hendricks, a counterintelligence agent and Spc. Kevin Murphy, a paralegal specialist, both from Eighth U.S. Army, will be representing U.S.

Army Korea at Fort A.P. Hill.

“I have no doubt in my mind that our two contestants will be very favorably considered when they get to the board,” said Sgt. Maj. Stanley Perry, J/G-1, Eighth U.S. Army.


The National Capitol Region was the last to hold its competition, and Sgt. 1st Class Jeffery Stitzel, a 32-year-old platoon sergeant and Pfc. Christopher Cayton, a 23-year old communications specialist are the reigning NCR NCO and soldier of the year.

Seven commands were represented in the NCR competition, which was held at Fort A.P. Hill. The participating com-

mands were: The Military District of Washington, home to the NCR winners; Personnel Command; Army Test and Evaluation Command; Intelligence and Security Command; West Point; Military Traffic Management Command and the Defense Information Systems Agency.

Other MACOMS to be represented will be U.S. Army Europe, Army Material Command, U.S. Army Pacific, U.S. Army Corps of Engineers, Space and Missile Defense Command, Medical Command, U.S. Army South, U.S. Army Special Operations command several smaller major commands.

Blood donations needed



EVERY DROP COUNTS

Blood donations are needed year round. Soldiers involved in Operation Enduring Freedom are counting on us to be there for them.

If you make a fist now, we will give you a hand later. It is important to keep a steady flow of blood donors donating on a regular basis.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.

NCO Academy Dedication Ceremony, Sept. 4

The public is invited to the AMEDD NCO Academy dedication ceremony in honor of SMA (Ret.) Leon L. Van Autreve. Building 1397 will be memorialized as Van Autreve Hall on Wednesday, Sept. 4, at 1:30 p.m.

Back to School bargains abound at the Thrift Shop

The Thrift Shop is a great place to get your school shopping done. We have children’s clothing in all sizes, shoes, backpacks and even a few school supplies. Be sure and check out the Budget Shop when you come in, it is located in the rear of the store and is packed with bargains. The Thrift Shop is open on Wednesday, Thursday and the second Saturday of each month from 9 a.m. until 2 p.m. and is located in Bldg. 230 on Liscum Road, just behind the quadrangle. For more information call 225-4682.

Notification of total coliform violation

The Fort Sam Houston water system collected one water sample during the month of July 2002, which contained coliform bacteria. The Fort Sam Houston water system is required to submit a minimum of 15 water samples each month for bacteriological analysis. The Texas Natural Resource Conservation Commission (TNRCC) sets drinking water standards in Texas and has determined that the presence of total coliform is a possible health concern. Total coliform bacteria are common in the environment and are generally not harmful themselves. However, the presence of these bacteria in drinking water, generally is a result of a problem with water treatment or the pipes which distribute the water, and indicates that the water

may be contaminated with organisms that can cause disease. Disease symptoms may include diarrhea, cramps, nausea, and possibly jaundice, and associated headaches and fatigue. These symptoms, however, are not just associated with disease-causing organisms in drinking water, but may also be caused by a number of factors other than your drinking water. The TNRCC has set an enforceable drinking water standard for total coliform to reduce the risk of these adverse health effects. Under this standard, no more than 5.0 percent of the samples collected during a month can contain these bacteria, except that systems collecting fewer than 40 samples per month that have one total coliform-positive sample per month

are not violating the standard. Drinking water that meets this standard is usually not associated with a health risk from disease causing bacteria and should be considered safe. If you have questions regarding this matter, you may contact Phillip Reidinger, Fort Sam Houston Public Affairs Office, at (210) 221-1151. Name and ID# of Water System: Fort Sam Houston #0150116 Number of Coliform

found samples in the month of violation: 1 Date of Violation: July 2002 Name of Water System: Fort Sam Houston Public Works Number of bacteriological samples required each month: 15 Name of a responsible official at the system who people can contact: Phillip Reidinger, Fort Sam Houston Public Affairs Office, at (210) 221-1151.

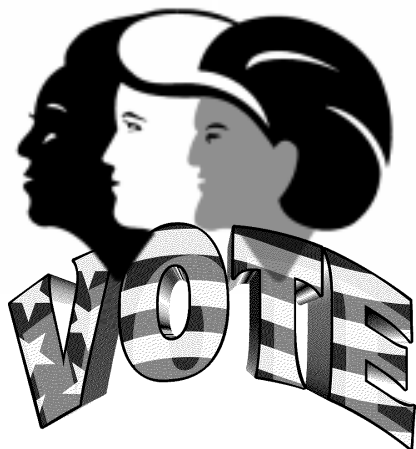
Communications outage at Camp Bullis, Aug. 23

All data and telephone traffic into and out of Camp Bullis will be severed due to the upgrade of the microwave tower on Aug. 23 from 6 p.m. to midnight. There will be no interruption of emergency call traffic. Internal communications at Camp Bullis will not be affected.

Women's Equality Day
"Women Winning the Right to Vote"

Aug. 28, 11:30 a.m.
Roadrunner Community Center
Bldg. 2797 Stanley Road, Fort Sam Houston

Keynote Speaker
U.S. Navy Lt. Cmdr. Pat L. Williams
Commanding Officer of the
San Antonio Military Entrance Processing Station



The 82nd anniversary of the passing
of the 19th Amendment and
Election year makes Women's Equality Day
even more significant.

Come Celebrate Women's Right to Vote
Complimentary Hors D'oeuvres Buffets:

Medley of Seasonal Fruit,
Assorted Fresh Veggies,
Chips with Salsa, Meatballs in Wine Sauce,
Spicy Chicken Wings, and Fruit Punch



2002 Soldier Show
rolls into town

The 2002 U.S. Army Soldier Show is scheduled to dance and sing their way into the Fort Sam Houston community on Sept. 3, Laurie Auditorium, Trinity University in San Antonio at 7 p.m. The show is free and open to the public.

This spectacular show will feature a "Freedom" theme. It is an hour and a half extravaganza designed to keep you dancing to the beat and tapping your feet to the rhythm throughout the presentation. Soldiers entertaining soldiers and families perform the show across the nation and abroad.

"Freedom" is the show's theme and the name of its opening number this year, said artistic director Victor Hurtado. "The way we have conceived the show is not your typical idea of freedom," said Hurtado, who penned the show's original opening number with California composer Carlos Guillen. He explained that our concept of freedom is where we're all responsible for each other's well being and freedom. That freedom is nothing without a safe place to land and that

we as Americans fight - to strive to be that safe place and set the example for the rest of the world.

The show will feature gospel, country, and R&B numbers. During the evening, audiences will hear chart-toppers by artists like Destiny's Child, Brooks and Dunn, Whitney Houston, Faith Hill, Mary J. Blige, N'Sync, Alanis Morissette, Pink, Alicia Keys, Jennifer Lopez and others.

Commercial sponsors are First Command Financial Planning and the Army National Guard help offset program expenses. This is the sixth year First Command, formerly known as USPA & IRA, is the lead sponsor; the Army National Guard is on board for its second year.

The Soldier Show, produced by CFSC's Army Entertainment Division, is one of more than 200 Morale, Welfare and Recreation programs the Army offers soldiers and families through CFSC under the philosophy that soldiers and families are entitled to the same quality of life as those they are pledged to attend.

Cole Band provides discipline, friendships, and leadership opportunities – not to mention great music

By Gail Siller
Special to the News Leader

The Robert G. Cole High School Varsity Cougar Marching Band may be small in size, but it is definitely big on enthusiasm. Returning band members welcomed new members during the annual band camp held prior to the start of school.

“Band camp gives us the chance to teach the basics of marching to new band members and prepare for the halftime football show and band competition,” said senior Matt Agee, who is Cole’s returning drum major.

“Even though we only have 29 members as of right now, we are strong and have really improved our sound over the past few years,” added Agee. “We have many band members who started playing with us

while in junior high.”

Agee, a four-year Cole Band veteran with seven years of musical experience, is assisted by sophomore Caitlyn McCoole, Cole’s assistant drum major, who is also an experienced musician and band member.

“We have lots of rookies this year, as approximately half of the band is new,” added McCoole.

Agee and McCoole agreed that helping new band members adjust and learn the routines is one of the highlights of their job. With military relocations, it is not unusual for the Cole Band to lose an entire section over the summer.

“Last year we had nine trumpets in our section while this year we have four,” stated Trumpet Section Leader Brandon Barahona. “We have to take

on a greater sound and show more confidence in our playing.”

Barahona, who also plays on Cole’s varsity football team, enjoys helping those new to the band and values the friendships he has with other band members, likening them to a large family.

Percussion Section Leader Jon Simpkins, who is a Cole sophomore, said, “ I’m only in my second year in the band and I like helping lead the percussion unit.”

Senior Ralph Chislett, a third year band member and one of only three seniors in the band, said that the band was doing well in spite of the fact that they were comprised of mostly underclassmen. He noted the problem that many upperclassmen had with meeting all the Texas graduation requirements and fitting band into an already filled course schedule.

Directed by Dan Vasquez and Asst. Director Jon Philippus, the Cole Band will be playing a musical tribute to the Beatles this year. Besides performing at all Cole football games, they will participate in a variety of band competitions including annual UIL events, the Rough Rider Band Contest, the Westlakes Marching Contest, and a band competition in Dallas.



Photo by Gail Siller
Cole Drum Major Matt Agee leads members of the Cole Varsity Marching Band during a recent practice session.



Photo by Gail Siller
Members of the Cole Varsity Band practice marching during annual Band Camp held prior to the start of school.

Fort Sam Houston Independent School District

Weekly Campus Activities August 26 - 31, 2002

Fort Sam Houston Elementary School
Tuesday, Aug. 27
Fort Sam Houston ISD Board Meeting in the Professional Development Center 11 a.m.
Open House for Grades 4 - 6 at 6 p.m.

Robert G. Cole Jr./Sr. High School
Tuesday, Aug. 27
Fort Sam Houston ISD Board Meeting in the Professional Development Center 11 a.m.
Thursday, Aug. 29
Open House for Grades 9 - 12 in Moseley Gym 6:30 p.m.
Friday, Aug. 30
Cole vs Three Rivers FB Scrimmage at Cole 6 and 7 p.m.

Recreation and Fitness News



Get Your Body in Shape - New Aerobics classes are offered at the Jimmy Brought Fitness Center. Yoga classes began this month. New Step Aerobics are offered on Tuesdays at 5 p.m., and Hi-Impact Step Aerobics are offered on Sundays at 10 a.m. Other classes include Water Fitness, Low-Impact Step, Kick Step Combo, Cardio Step and more. For information call Lucian Kimble at 221-2020 or 221-1234.

Power Lifting Team - Power lifters are needed to form a team for competition. Team members will compete in Squatting, Benching and Dead-Lifting, for information and registration call 221-2020 or 221-1234.

Varsity Basketball - Coaches are needed to coach Varsity basketball. If interested, send resume to Earl Young, Jimmy Brought Fitness Center, Bldg. 320 or via e-mail at earl.young@cen.amedd.army.mil. For more information call 221-1180.

Party at the Aquatic Center! - Host your next unit function or private party at the Aquatic Center. The fee is \$60 per hour with a 2-hour minimum/4-hour maximum. All parties must be scheduled before the pool opens for the day or after it closes for the evening. For more information call Sam Parisi at 221-4887.

Bench Press Contest - A Bench Press contest will be held Sept. 21 at the Jimmy Brought Fitness Center. Weigh-ins will be held from 9:30 to 10:30 a.m., the competition will start at 10:40

a.m. For more information call Lucian Kimble at 221-2020.

Lunch Hour Fitness Clubs - The Jimmy Brought Fitness Center offers lunch hour fitness clubs geared to your lunch hour workout. For more information call Lucian Kimble at 221-2020.

60 Days of Fitness - The Fitness For Your Health Office at the Jimmy Brought Fitness Center will be continuing its "60 Days of Fitness" Program on an individual basis. A \$10 fee will be charged to each participant for more information call 221-2020.



Personal Trainers - Get personalized training from the two new personal trainers at the Jimmy Brought Fitness Center. Christal Kirby and Trish O'Neil are ready to tailor your individual fitness needs. Cost for personalized training is \$20 per half-hour and \$40 for one hour, for more information and to set up appointments call 221-1234.

Aquatic Center Hours - The Aquatic Center hour of operation through Labor Day are 4 to 8 p.m. Monday through Friday and noon to 8 p.m. on weekends. The pool will close for the season Oct. 1.

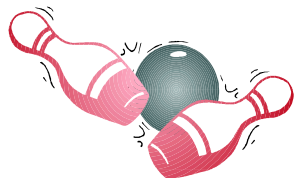
Canyon Lake Recreation Area - The Canyon Lake Recreation Area remains closed due to flooding until further notice, for more information call (830) 964-3387.

2002 Lanes to Links Aug. 24



The 2002 Lanes to Links competition will be held Aug. 24. Sign up now at the Fort Sam Houston Golf Club or Bowling Center for the 2002 Lanes to Links Competition. Teams will consist of pick your own four-person teams. Entry fee is \$30 per person, which includes continental breakfast, social after golf, green fees, lane fees, golf cart and prizes.

The one-day event will consist of five games of bowling using the Baker system and 18-hole scramble, using the Calloway system. The competition will begin with breakfast at 9 a.m. at the Bowling Center, followed by five games of bowling. Next is 18 holes of golf with a 12:30 p.m. shotgun followed by a social. For additional information contact the golf course at 222-9386 or the bowling center at 221-4740.



Youth Happenings

Exploring Life for Middle School Students - Youth Services offers an after school program for Middle School youth grades 6-9. The program is held Monday through Friday after school until 6 p.m. Youth Services will pick up the students from school (either elementary or Jr./Sr. High School.) and take them to the Youth Center. Stuentns will be provided snacks, work on homework, participate in club activities and projects. The best feature of this program is that this is a "Free" program.

Youth must be registered with Child and Youth Services which is a \$15 annual fee, but there is no cost for the after school program for middle school and high school students. For more information, call 221-3502

Alamo Heights-Fort Sam Houston Soccer Registration - Registration is underway for Soccer for all military eligible youth (Active Duty, Retired, Reservists, Civilian employees and those working on Fort Sam Houston at the schools or PX/Commissary) at the Youth Center daily from 10 a.m. to 6 p.m. There will also be an evening registration on Wednesday, Aug. 28 from 6-8 p.m.

Registration cost for ten-year-olds and below \$60 (\$50 registration fee plus \$10 general fee), for eleven-year-olds and older \$80 (\$50 registration fee plus \$30 general).

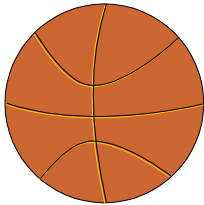
Birth Certificates and physicals are required. All military eligible must be registered with Child and Youth Services. This is a \$15 annual fee. Youth ages 4-18 are eligible. For more information call 221-3502.

Fall Class Registration - Fall classes will begin in September. Youth Services will be offering gymnastics, Tae Kwon Do, and dance classes. Please call the Youth Center at 221-3502 for more information.

X-tramural Basketball Standings

As of Aug. 17

Team	W	L
BAMC	11	2
USAG	10	3
DFAS	7	6
Ill Funk	7	6
Old School	7	6
NCO Academy	7	6
Co A STB	2	11
5 th Bde	1	12



Aug. 17

Co A STB	won	5 th Bde	lost (Score unavailable)
NCO Acad	58	USAG	49
Ill Funk	68	DFAS	67
Old School	won	BAMC	lost (Score unavailable)

Pentagon offers help with ‘Youth at Risk’

By Linda D. Kozaryn
American Forces Press Service

Deployed parents, frequent moves and foreign lands add to typical teen-age turbulence. That can mean trouble for military parents and their commands.

“If teens are hitting the police blotter every Monday morning, the commander needs to know why,” said Karen Morgan, a youth specialist who spent 12 years with the Marine Corps’ family program before joining the Defense Department two months ago. “If troops are being called back from deployment because of family issues, that detracts from the mission.”

Defense officials in the Office of the Assistant Defense Secretary for Military Community and Family Policy aim to help commanders identify what they can do to support youth in their communities. They’ve contracted for 11 to 15 community assessments by youth development professionals.

The assessment has been designed to help a community see what’s happening with youth on and off the installation. The program is aimed at prevention, said Barbara Thompson, another youth specialist who spent 18 years with Air Force youth and family programs before joining the Defense Department two years ago.

“We recognize there are a small number of youth at risk in our military communities and we don’t want them to be overlooked,” she said. “We also want to identify what is working - what helps youth make good choices.”

Each service has been allocated a

number of assessments, which will be done on a first-come, first-served basis at the commander’s request.

Jan Witte, DoD’s children and youth director and Morgan and Thompson’s boss, worked for the Army in Europe for 26 years and has been in her position at DoD for 16 months. She echoed her staff’s comments. “Commanders have such a limited amount of resources,” she said. “The assessment is a tool to help them set priorities. They can’t fix everything immediately; they need to know where to start.”

The way the program works, Witte said, commanders request an assessment through their service’s youth program coordinator. “A commander may learn in town hall meetings or other venues that the youth on base are bored at home alone before their parents return from work or some have initiated risky behaviors,” she said.

“The commander might have reports from school principals, or there may have been incidents on school buses,” she noted. “He or she might have gotten minutes from a youth council meeting that possibly said, ‘We’ve noticed youth are smoking more as they hang around the youth center or food court.’”

Once an assessment is approved, a team of five defense contractors requests information about the community. About six weeks later, they visit the installation to look at every

aspect of community life that presents risks or temptations for youth, as well as the “protective factors” that support healthy youth development. These include strong family communication, programs to recognize youth for their accomplishments and strong mentors.

Drug and alcohol abuse, violent behavior, delinquency, early pregnancies and failure to excel - these are some of the risks teens face and defense officials want to help youth avoid these behaviors that could negatively impact their future, Witte said. The team then also looks at the programs, the people and other community assets that could help reduce those risks and those that are models that protect youth.

The team would interview the commander, family advocacy representative, housing manager, chaplains, health representatives, school officers, community security police chief, and other key people. The team would also do a series of focus group meetings with community youth program staff, school officials, youth in various age groups, parents, and senior enlisted advisers.

“Another critical component of the assessment is meeting with the installation’s key players who impact youth, emphasizing collaboration and joining forces to act on the team’s recommen-

dations,” Thompson added.

“The idea is to gather information from different sources and validate what’s being told to them during this assessment,” Witte said. “The team is in the community for a week, so this is just a snapshot in time.”

The commander gets a report with the team’s observations and recommendations at the end of the team’s weeklong visit. “The beauty of it is the one-week time frame,” she said, “because so many assessments that we do, it’s months before you get a report. This way they can move out, take action and set priorities.”

“The report is confidential,” Morgan added. “It is the commander’s tool. No one else is to see the report unless the commander wants to share.”

“And it’s not a report card for the commander,” Thompson noted. “It’s a way for commanders to say, ‘I may have concerns about youth at my installation, I may not, but I want to be proactive.’ They don’t have to worry about anyone inferring they haven’t met the needs of their families because they’re asking for this team to come in.”

When the 11 to 15 assessments are complete, Witte said, the results would give defense officials an overall snapshot of military youth.

Defense officials will look at any trends, she said,

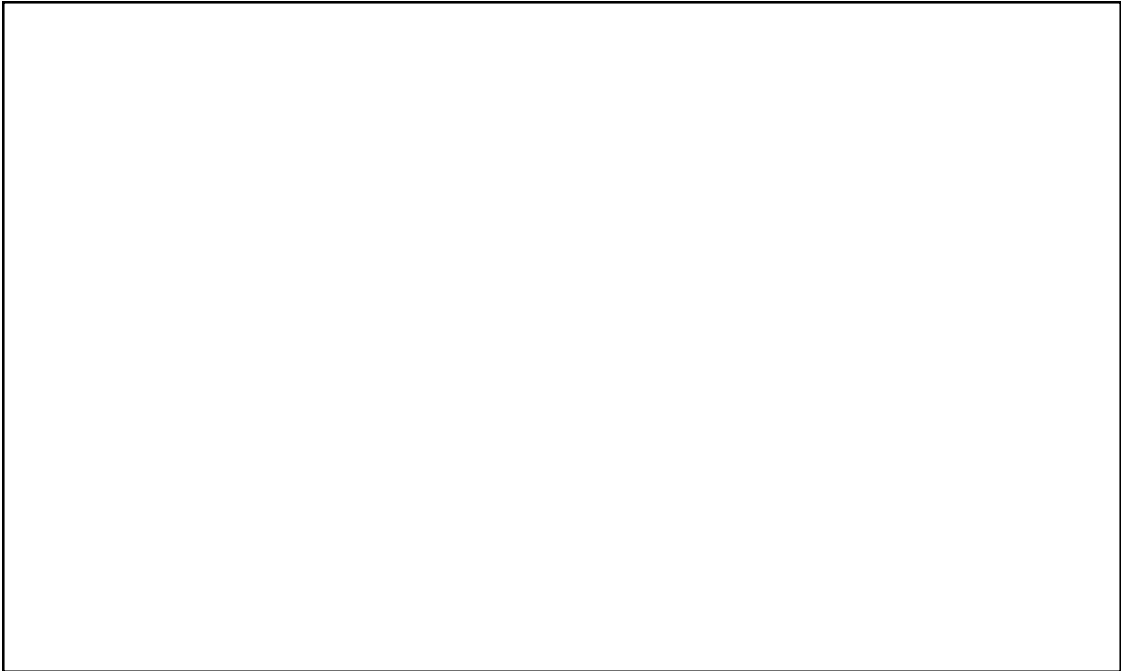
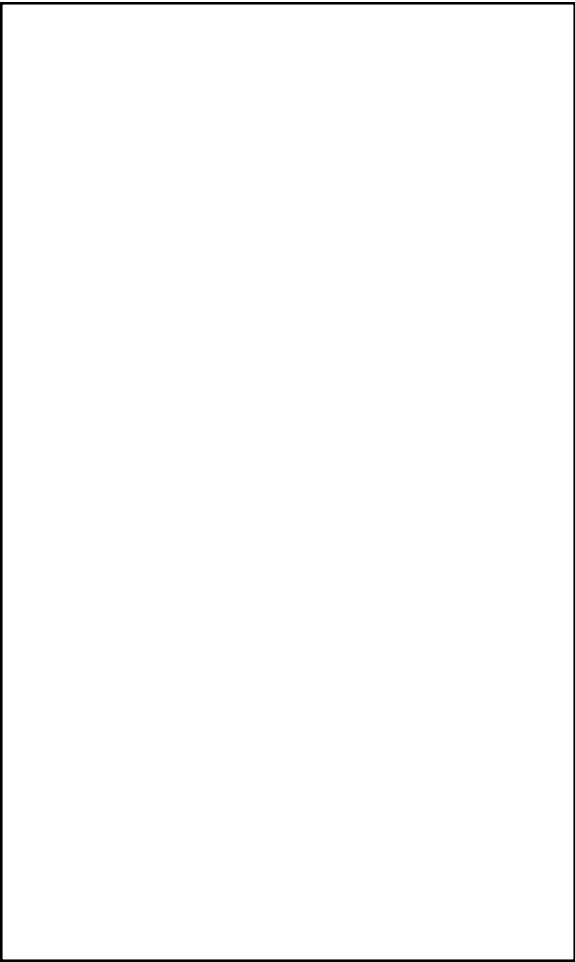
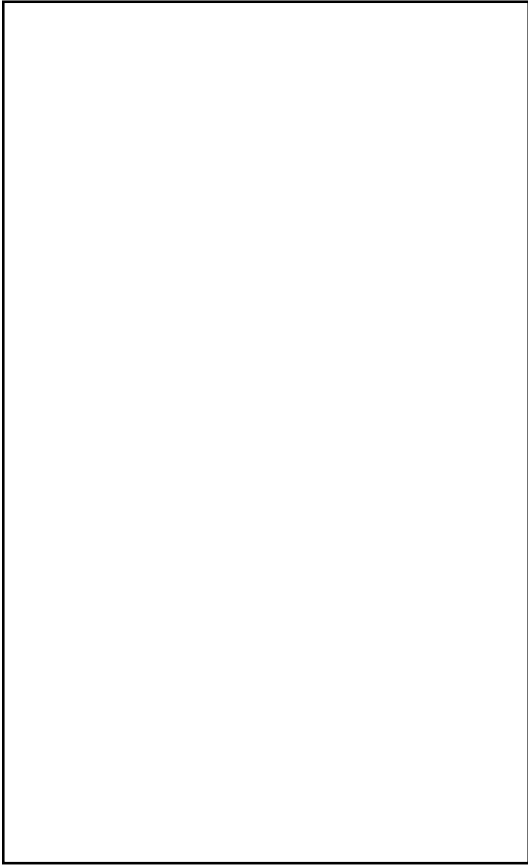
but they wouldn’t be connected with any specific installation, she stressed.

“The point would be to help us decide what issues are affecting our youth,” Witte said. “Let’s say, smoking is down in the nation, but in the military setting, smoking among youth 12 to 15 is up. We may then take a more directed, defense-wide policy action.”

Eventually, Witte added, the Defense Department’s youth specialists would like to see the program expand so that all commanders’ requests for assessments could be granted.

“This is a collaborative effort,” Thompson said. “We’re saying to commanders, ‘If you want us to come onto your installation, there are some commitments on your side of the house. Commanders must commit to providing the logistical and the personnel support to get the assessment going. We also want to know that commanders are going to take this information and do something with it.’”

“This is a great way to find out what’s the current outlook on youth issues and what we can do to make life better,” Morgan said.





Danyka Broughton, 16 does an outside block while training at the National School of Martial Arts in San Antonio. Danyka recently won a silver and gold medal at an international Tae Kwon Do tournament in Chicago.



Lt. Col. George Broughton II, a physician instructor with the Interservice Physician Assistant Program at the Army Medical Department Center and School, holds another Tae Kwon Do student as he performs sit-ups. George began learning Martial Arts as a way to relief stress. He also competed in Chicago and won a bronze medal in his division.

Father-daughter team compete in international Tae Kwon Do competition

Story and photos by Edward Rivera
Fort Sam Houston Public Affairs

When thinking about activities fathers and daughters do together, front kicks, reverse punches and knife-hand blocks aren't the first to come to mind. But Lt. Col.

George Broughton II and his daughter Danyka have two common interests, they both like to fight and both hope to become black belts in Tae Kwon Do.

Both recently returned from an international Tae Kwon Do tournament

held in Chicago where sixteen-year-old Danyka won a gold medal in forms and a silver medal in full contact fighting in her age group. Although in Chicago attending a conference, George found time to see his daughter compete and wound up in the thick of combat as well. At the end of the tournament, he returned home with a bronze medal in the senior heavyweight division.

Father and daughter started learning martial arts more than two years ago with a style called Moo Duk Kwan. Each with a different reason for studying. George, a Physician Instructor with the Interservice Physician

Assistant Program at the Army Medical Department Center and School was looking for a "stress relief." Her mother, a second-degree black belt in Shotokan Karate, inspired Danyka.

"There was a little bit of difficulty transitioning into Tae Kwon Do," said George. "It is a bit more challenging physically since there are more kicks and punches used."

According to Danyka, a purple belt, Tae Kwon Do has taught her not only self defense but also responsibility, self discipline and respect for others.

"Learning

martial arts is good for people of all ages," she said. "I have learned a lot about myself just by competing and teaching others."

For Danyka, who is about six months ahead of George, a green belt, enjoys teaching others and also helping her dad out as well. "It's neat that there are things I can show my dad and help him with, instead of him being the teacher all the time," said Danyka. "Also, in teaching others I can learn more about the areas I need to work on."

According to their instructor, Grand Master Joe Giampietro, of the National



Danyka Broughton practices one of many Tae Kwon Do forms she has mastered during the past two years.

School of Martial Arts in San Antonio, both father and daughter are very motivated and enjoy their training very much.

"Both George and Danyka are very focused," said Giampietro. "They want to be the best they can and strive for perfection."

Common to both George and Danyka is their joy of sparring. "We like to fight," said George about their tournament competitions. Last year both competed and were grand champions in their divisions at the Texas National Tour and United Martial Arts Karate circuits, which are open to all karate styles.

"The tournament in Chicago was strictly Tae Kwon Do," said George, who is also a board certified general surgeon. "This more traditional style of competition is the style used in the Olympics."

Whether showing their skills through various forms or defeating their opponents, one thing is for certain, George and Danyka Broughton pack more than a winning one-two punch. They share a common goal and interest that will go beyond some of the childhood memories they have and will have as father and daughter.

Lt. Col. George Broughton II, a board certified general surgeon, can also use his hands like a knife. George and his daughter Danyka have competed and won in several Texas Karate tournaments.



Career Clips



The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP office, Bldg. 2264 or call 221-1213.

Administrative Assistant - New Braunfels. Provides administrative support for recruitment teams. Manages incoming calls and inquiries and greets visitors. Clerical duties include data entry, filing correspondence and ordering supplies.

Marketing Specialist 1 - San Antonio. Proposes creative direction for marketing/communication programs and projects. Identifies opportunities to increase marketing/communication and ensures effectiveness and profitability.

Assessment Specialist - San Antonio. Prepares testing specifications and blueprints. Writes and edits test items and performance tasks. Constructs and reviews test forms. Develops ancillary products such as test administration direction, study guides and scoring guides.

Mechanic Sheet Metal II - San Antonio. Performs maintenance on aircraft engines and certifies the acceptable performance and integrity of TF39 engine structural components. Repairs structural components using accepted methods for bonded honeycomb, patches, and splices utilizing proper materials and hardware. Others duties as required.

Job opening at the Post Thrift Shop

The Thrift Shop at Fort Sam Houston has an opening for the paid position of Manager. The Thrift Shop is a non-profit private organization that serves the military community through the sale of consigned and donated merchandise. The Thrift Shop donates its yearly profits back to the military community in the form of financial grants. We are looking for an energetic, military ID card holder who is interested in helping the military community. While the shop is open only two to three days a week, the job requires four to five full-time days a week, including many hours worked when the shop is closed. Salary will be discussed at the time of the interview. The job is available right now and appointments for interviews will be made within a week of application. Applications may be picked up at the Thrift Shop from Teresa Parker on Wednesdays and Thursdays, between 9 a.m. and 2 p.m. Applications will be taken until Sept. 18. The Shop is located at Bldg. 230, Liscum Road, off of Wilson Road (near the Quadrangle). For questions, or to have an application mailed to you, call Susan Luciano, 475-9973.

Fort Freebies



All Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended solely for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, contact Prime Time at 453-3300. To submit a Fort Freebie, e-mail it to: news.leader@amedd.army.mil or fax it to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request.

For Sale: 1995 Jeep Grand Cherokee Limited, V8 4WD, fully loaded, leather, CD player, towing package, etc., \$7,800. Call Eric at 643-5047.

For Sale: 94 Toyota dark green pickup, with bed liner, 120,500 miles, AC, AM/FM stereo with CD player, 5 speed, tailgate net and chrome bumper (not attached), \$3,000. Call 325-8742.

For Sale: 1998 Toyota Corolla, 5 speed, AC, custom stereo, 65,000 miles, in excellent condition. Call 326-8286.

For Sale: 1997 white Jeep Wrangler in excellent condition with 73,000 miles, \$9,000. Call 684-0449.

For Sale: 1994 Dodge Ram 250 Custom van, original owner, 112,000 mils, new windshield, water pump, serpentine belt, recent brake and tune up, New Catalytic converter, with maintenance history, \$9,500 obo. Call Leo at 661-3547 or 221-4276 or cell, 912-3255. Will discount price for Active Duty Military personnel.

For Sale: 1998 Econoline Ford van 150, conversion-hightop 5.4 liter Triton V-8, 47,500 miles, all leather interior, loaded with extras. Includes towing package (7000 lbs.) and handicap equipment never used or installed, \$18,000. Call 657-9015.

For Sale: 1997 white Kia Sportage EX, automatic, air-conditioned, CD player, 48,000 miles in excellent condition, \$6,900. Call 545-6430.

For Sale: 1995 red Ford Windstar, 3.8L, automatic, full electronics package, window tint, dual a/c, luggage rack,

seven passenger seating, \$3,500. Call Dennis 656-3324.

For Sale: Bass Tracker 165 boat, 1999 model, with trailer and 25 HP outboard and a trolling motor, in excellent condition, \$4000 cash obo. Call Carl at 566-1322.

For Sale: Four 14" Mags with tires (P235) will fit a Ford Ranger, complete set \$200. Call (210) 566-6730.

For Sale: Loft bed with built-in computer desk, bookshelves and full size futon \$500, Cardio glide, \$50.00, Fisher Price three-in- one tournament table \$50. Call (210) 277-1657.

For Sale: Sofa and two wing back chairs, like new condition, \$499. Maroon 10' by 12' carpet, \$45. Catnapper recliner, \$40. Amana Radarange microwave, \$20. Call 229-1477.

For Sale: Whirlpool dryer \$200, Kenmore washer \$80, solid wood twin bunk bed \$80, chain link fence gate and poles \$30. Call 684-5198.

For Sale: Small dorm-size refrigerator, \$35, medium dog carrier, \$35. Call 223-7960.

For Sale: BodySolid Muscle Craft Gym complete with Olympic barbell and full set of weights and lots more in excellent condition, \$700. Call Dennis 656-3324.

For Sale: Above ground pool cover 16' by 32' rectangular, 8 water tubes, \$60. Call 697-9261.

For Sale: Professional and sturdy gym equipment, 1 dumbbell stand, 1 combo dip, ab and pull up station, 1 lat/upright rows station and 1adjustable weight bench complete with leg and preacher bench attachments, 140 lbs. Olympic style weights,

all for \$550. Call 599-2815 or 385-0415.

For Sale: Great starter computers, HP Pavilion 8240 233MHz, 4GB (dial-up and cable modem) \$150; HP Pavilion 3260 200MHz, 2.1GB \$100; M50 Monitor \$50; Computer desk \$75. Call Louis or May at (210) 566-8169.

For Sale: Princess cut .59 diamond engagement ring, 14K yellow gold. Appraised at \$2,000, will sell for \$1,500. Call 494-8401.

For Sale: Sprint PCS cell phone Sanyo, \$30, Lazyboy brown loveseat, \$200, beige patio glass table with five chairs, \$85. Call 221-8529.

For Sale: Chain link fence with hardware (240 ft.), \$250, Whirlpool washer, \$75, Kenmore almond refrigerator, \$190, Sears upright freezer, 20 cf., \$200, Light blue sofa and loveseat, \$600, full size mattress, boxspring and frame \$ 60, obo. Call 223-0281.

For Sale: Chocolate Labrador retriever. 18 weeks with required shots. Sacrifice for \$300. Call 224-4060.

Yard Sale: At 150 Ingram, Fort Sam Houston, Aug. 24, 8 a.m. Baby furniture, baby walkers, toys, kids clothes, coffee table set and more.

Wanted: Set of four tires in good condition P225/75/R16 or P235/75R16 for Jeep Grand Cherokee. Call Don at (830) 510-4190

Wanted: 1988-1992 Honda (Civic preferred) Must be automatic and have working AC. Call (210) 646-7371.

79th Ordnance Bn. earns medals for Afghan support

Compiled by Edward Rivera
Fort Sam Houston Public Affairs

Members of the 79th Ordnance Battalion, who recently returned from Afghanistan, received Army decorations Aug. 13 for their contributions in support of United States and coalition forces explosive ordnance disposal from December 2001 through July 2002.

Maj. James K. Farris Bronze Star Medal

From December 24, 2001 through July 13, 2002, Farris served as the Battalion S-3 of an Explosive Ordnance Battalion and EOD operations officer for Coalition Task Force Mountain and Task Force Rakkasan. Farris was assigned to plan, coordinate and supervise for an EOD battalion providing command and control for four geographically dispersed EOD companies in eight different locations throughout Afghanistan, Uzbekistan, Kuwait, Saudi Arabia and Qatar.

EOD support included force protection, unexploded ordnance clearance operations at various airfields as well as numerous munitions cache operations. These operations were designed to eliminate or reduce the hazards of munitions and improvised explosive devices that threatened soldiers, civilians, military operations, facilities and material in addition to terrorist or enemy rearming.

Farris traveled with Task Force Rakkasan from December through late January and participated in the relief in place of the 26th Marine Expeditionary Unit at Kandahar Airfield. While there he helped to identify and clear explosive hazards that prevented safe operations.



Soldiers from the 744th OD Co (EOD) carry an old Soviet air-to-air missile from a weapons cache at Bagram Air Base.

Farris also conducted long-range reconnaissance patrols with special operations forces to locate and identify numerous ammunition caches. As the EOD operations officer he coordinated all EOD operations.

During February 2002, Farris coordinated operations and supervised operations in support of Task Force Commando assigned to dispose of a large cache of bombs discovered within 250 meters of a Jordanian hospital at Mazar-e-sharif Airfield. He worked closely with engineer assets to build roads, ramps and bridges to allow for

access and transportation of approximately 24,000 pounds of new unexploded ordnance. The ordnance was removed without degrading the hospital's ability to provide medical treatment to the local population.

Throughout his deployment Farris he also coordinated two sensitive site exploitation missions during Operation Anaconda provided effective force protection support. He executed a rapid air assault in order to recover more than 300 2.75-inch rockets at an arm and refuel point. He supervised the destruction of uncon-

trolled weapons caches and made initial approaches into the cave complexes to detect and clear booby traps.

Maj. Geoffrey D. Stevens Bronze Star Medal

From January 22, through July 13, 2002, Stevens served as the executive officer of an Explosive Ordnance Battalion and EOD operations officer for Coalition Task Force Mountain and Task Force Rakkasan. Stevens was assigned to plan, coordinate and supervise an EOD battalion

providing command and control for four geographically dispersed EOD companies in eight different locations throughout Afghanistan, Uzbekistan, Kuwait, Saudi Arabia and Qatar.

Upon notification of the deployment, Stevens led the battalion's deployment quickly establishing priorities, key tasks and ensured requirements were met within their timeline. As the Task Force Mountain operations officer, Stevens planned and supported EOD missions throughout the theatre of operations to identify and prioritize operations and assets. He coordinated two sensitive site exploitation missions during Operation Anaconda provided effective force protection support.

Stevens developed operation orders, developed training and monitored support requirements in order to safely and effectively conduct EOD operations in Afghanistan. He helped coalition combat power by planning and coordination hazardous and difficult EOD missions.

These are only a few highlights of both Farris and Steven's tours in Afghanistan where they participated in and supervised several other missions and force protection operations, training, and support programs with support of coalition forces.

Capt. Donald J. Clarkson Joint Service Commendation Medal

While serving as the EOD staff officer in Bosnia, he applied his expertise by providing technical information critical to a terrorism court case against a suspected bomber in Sarajevo. He also assisted the safe apprehension of suspected war criminal Momir Ilic. He also used his knowledge to verify Al Qaeda training



Explosive Ordnance Disposal soldiers from the 744th OD Co (EOD) dismount a CH-47 atop a mountain in Eastern Afghanistan during Operation Anaconda. The soldiers supported 10th Mountain Division forces, destroying enemy munitions in the rugged mountainous terrain.

manuals recovered in Bosnia.

Clarkson shipped more than 13,750 pieces of foreign ordnance collected in theater for technical exploitation to the United States. In an attempt to increase the ability to identify and improve the ability to work on unexploded ordnance he aggressively distributed EOD reference material to French, Spanish, Italian, Danish and German EOD units.

In order to assist a German EOD unit in training and evaluating their personnel, Clarkson designed and built an impoverished explosive device modeled after one found in 1999. He helped incorporate it into the training scenario. He also was responsible for training 571 personnel from 26 countries on mine awareness.

Several weeks after returning from his deployment to Bosnia he joined his fellow soldiers in Afghanistan in support of Coalition Task Force Mountain.

The following members of the 79th OD Bn. were awarded the Army Commendation Medal for their achievement as members of Coalition Task Force Mountain in Bagram, Afghanistan. Their technical and tactical proficiency and commitment to their assigned missions greatly contributed to the success of combat operations during Operation Enduring Freedom from January 20 through May 1, 2002.

- 1st Lt. Roger Miick**
S-2 officer in charge
- 1st Lt. Kevin N. Wynes**
S-4 OIC
- Sgt. 1st Class John E. Landry**
S-4, non-commissioned officer in charge
- Sgt. 1st Class Ruben C. Stoeltje**
S-3 NCOIC
- Staff Sgt. Joe M. Urdialez III**
S-2 NCOIC
- Staff Sgt. Dana E. McClanahan**
Team leader
- Sgt. Anthony A. Caracausa**
S-1 NCOIC
- Sgt. Shawn A. Castillo**
Supply

EOD removal update

To date, in theater Explosive Ordnance Disposal forces have conducted 879 response missions. These missions resulted in the destruction of 422,165 ordnance items. These items totaled more than 1.2 million pounds of explosives which included 120 munitions caches.

The destruction of these munitions reduced the threat to coalition soldiers and Afghan civilians in addition to preventing the rearming of terrorist groups and enemy forces.



(Left) An Explosive Ordnance Disposal soldier uses a backhoe to remove an unexploded 2,000-pound bomb from the earth for safe disposal.

(Below) Explosive Ordnance Disposal soldiers from the 764th OD Co (EOD) and Ammunition Specialists from the 63rd OD Co prepare captured Soviet munitions for destruction on Bagram Air Base.



An Explosive Ordnance Disposal soldier disarms an old Soviet bomb near the runway of Bagram Air Base.

(Above) Explosive Ordnance Disposal soldiers from the 53rd and 710th OD Cos (EOD) remove captured enemy ordnance from a munitions cache near Kandahar and prepare the ordnance for transport and disposal.

All photos courtesy
79th Ordnance Battalion

(Right) Explosive Ordnance Disposal soldiers assist soldiers from the 101st Airborne Division in a search of a cave in Afghanistan during sensitive site exploitation.



Eighty percent of motorcycle accidents result in death or serious injuries

There are more than four million motorcycles registered in the United States which represents about two percent of all vehicles registered, yet motorcycle fatalities represent about five percent of all highway fatalities each year. Approximately 80 percent of reported motorcycle crashes result in injury or death compared to about 20 percent for automobiles.

The failure of motorists to detect motorcycles is the most frequent cause of accidents for motorcyclists. More than one half of motorcycle accidents occur because the driver simply “did not see the motorcyclist coming.” Automobile drivers contribute to another 10 percent of motorcycle accidents where the motorcycle is the only vehicle involved. Drivers who unintentionally pull out in front of a motorcycle often force the rider to over brake, slide, and fall. Motorists tend to look for other cars, not for motorcycles. In addition, because of its small profile, a motorcycle is harder to see. A motorcyclist’s riding pattern also differs from that of a car and is harder to judge and predict. Traffic, weather, and road conditions often require motorcyclists to respond differently than drivers.

What are the situations when accidents are most likely to occur?

Accidents are most likely to occur in the following high-risk situations so motorcyclists

should be alert and be prepared to respond:

Left turns: The most common accident between cars and motorcycles is at an intersection when the automobile driver is making a left turn in front of a motorcycle. Over forty percent of all motorcycle accidents occur at intersections.

Car’s blind spot: Cyclists riding alongside a lane of cars are often out of the view of the driver. An unsuspecting driver may collide with a motorcyclist as the driver changes lanes.

Hazardous road conditions: Motorcyclists have to be much more concerned about road obstructions. Potholes, fallen tree limbs, or railroad tracks may be minor problems for many drivers. A motorcyclist may have to slow down or change lanes to avoid these obstacles.

Weather conditions: When the road surface is wet or icy, motorcyclists’ braking and handling abilities are impaired.

Strong winds: A strong gust of wind can move a motorcycle across an entire lane if the rider isn’t prepared for it. Wind gusts from large trucks in the other lane can be a real hazard.

Large vehicles: A large vehicle, such as a van or truck, can block a cycle from a driver’s view. The motorcyclist may seem to suddenly appear from nowhere.

Be aware of Texas motorcycle requirements

Adult motorcycle operator

licensing: The operator of a motorcycle on a public roadway must hold a valid motorcycle license (Class M Driver License). This requirement also applies to operators of scooters.

Inspection: All motor vehicles registered in Texas, including motorcycles, motor scooters, and mopeds, must be inspected each year at an official motor vehicle inspection station.

Insurance. All motor vehicle operators must show proof of liability insurance when the vehicle is registered or inspected, or when getting an operator license.

Other requirements: Additional requirements can be read at the following Internet site: <http://www.txdps.state.tx.us/msb>.

Fort Sam Houston motorcycle requirements

Motorcycle safety: In addition to having an appropriate license to operate on public highways, personnel shall successfully complete an approved rider or operator safety course. Contact the Installation Safety Office at 221-9872 for additional information on available courses. Training shall be provided at no cost to military and DOD civilian personnel. Personnel shall not be charged leave to attend training required by DODI 6055.4. Refresher training is encouraged before each riding season or after long periods of inactivity.

The following Personal Protective Equipment (PPE) is mandatory while operating a motorcycle:

Helmets - Certified to meet Department of Transportation

(DOT) Federal Motor Vehicle Safety Standard (FMVSS) # 218. The helmet should have sturdy chinstraps that fasten under the chin; have one inch thick of firm polystyrene foam liner; a DOT sticker on the outside of the helmet; and an approved helmet will weigh at least three pounds.

Goggles/Face shields - Impact or shatter resistant goggles or full-face shield properly attached to the helmet. A windshield or pair of eyeglasses alone is not proper eye protection.

Sturdy Footwear - Sturdy footwear that affords protection to the feet and ankles is mandatory. Leather boots or over the ankle shoes are strongly encouraged. Do not wear sandals or shoes with dangling laces.

Clothing - Long sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle.

Garment Visibility - A brightly colored outer upper garment during the day and a reflective upper garment during the night. Outer upper garment shall be clearly visible and not covered.

For Government-owned motorcycle and ATV operators, during off road operations, knee and shin guards and padded full-fingered gloves shall be worn.

Implementing the Army Safety Program’s motor vehicle accident prevention efforts will reduce the risk of death and injury to Army personnel in Motorcycle and All Terrain Vehicle (ATV) accidents.

The following list of docu-

ments provides policies and procedures of the U.S. Army and Fort Sam Houston regarding motorcycle and ATV use:

- AR 385-10, The Army Safety Program
- AR 385-55, Prevention of Motor Vehicle Accidents
- FSH Memo 385-26, Vehicle Safety Program
- DODI 6055.4, Department of Defense Traffic Safety Program
- State of Texas Statutes, Transportation Code, Chapters 21, 502, 521, 545, 547, 548, and 661 for motorcycles and Chapter 663 for ATVs

The standards are applicable to all personnel including contractor employees, working at Fort Sam Houston and its satellite installations. All personnel must comply with the U.S. Department of Defense (DOD), Department of Army guidance and in addition, for contractor personnel the federal contracting guidelines. In addition, all personnel must comply with the State of Texas Motor Vehicle Statutes regarding motorcycles and ATVs.

Additional assistance: Helpful references along with the safety training calendar can be found on the ISO web site www.cs.amedd.army.mil/iso under regulations. For assistance, please contact Mr. Guadalupe Gomez via email at GuadalupeGomez@CHNAMEDDARMYMIL or by phone at 221-9882. Alternatively, contact Mr. Marty Dinivahi via email at murty.dinivahi@amedd.army.mil or by phone at 221-9872.

Selecting tires while sitting down

(NAPSA)-Many drivers may save time, money and trouble when it’s time to buy tires if they first take a ride along the information superhighway.

A new computer program tells exactly which tires have the qualities of durability and handling most suitable for drivers depending on their cars, driving style and environment. You can virtually kick all the tires you want from your home or office computer before having to make up your mind.

Standard testing technologies were used to evaluate tread life, wet traction, hydroplaning, noise, snow/ice traction, off-road (mud) traction, and handling.

You can check all the tires you’re considering by accessing Tire Advisor through the AOL service as well as America Online interactive brands Netscape, CompuServe and AOL.com or by entering the AOL Keyword: Tire Advisor. Select Car Care from the Autos Channel, clicking on the Tires tab and then clicking on the Tire Advisor logo.

After you enter Tire Advisor,

the screens ask you to enter your vehicle’s year, make, model and options. You’re then asked questions about your driving habits and priorities. Based on your answers, you get a list of the tires that best meet your needs, including test results to help you judge which tires are best for you and your car. What makes Tire Advisor unique is that results are compared across 11 brands.

The brands that sponsor the Tire Advisor program are Michelin, BFGoodrich and Uniroyal, but other prominent brands are covered in the program, including Bridgestone, Cooper, Firestone, Goodyear, Pirelli, Yokohama and several other, smaller brands.

Tire Advisor can give you price lists for authorized Michelin, BFGoodrich and Uniroyal dealers in a 20-mile radius of your address. Participating dealers are committed to providing price quotes within 24 hours.

To learn more, call 800-691-4002, or visit www.tireadvisor.com.

Make sure your vehicle has the juice to keep it running

(NAPSA)-Being stranded because of a dead battery can be a nerve-wracking experience. To avoid this type of situation easily, have your battery tested. Just as your own heart pumps blood to keep your body going, your car’s battery supplies the electrical current needed to keep it going.

There are simple measures you can take to keep your battery in top shape. The first is to have it tested, but when?

The following symptoms could indicate your car’s battery might need servicing or replacing:

- The vehicle cranks slowly, often failing to turn over immediately
- There is a large amount of corrosion on the battery terminals
- Any of the cables are frayed or severed
- The battery casing is cracked or swollen
- There is leakage coming from the battery
- The lights flicker or seem dim
- Indicator lights are lit on the dash
- There is a rotten egg smell coming from under the hood

Bruce Chidsey, vice president of service operations for Pep Boys, the nation’s leading automotive parts and service chain, says that if you notice any of these warning signs, you should immediately make an appointment with an automobile service provider to have your battery and electrical system looked over.

“People tend to think that the onset of cold weather kills car batteries, when in reality, it’s

the transitional period from warm to cold weather, and vice versa, that can drain them,” said Chidsey. “Checking up on the strength of a car’s battery when the weather changes is the number one preventative measure consumers can take to ensure that their vehicles will start.”

Pep Boys offers a free battery test as well as a large assortment of batteries to choose from, should you need a replacement. When purchasing a new battery, make sure you choose one that comes with a dependable warranty. The ProStart Plus offers a 12 month free/60 month pro rata warranty; the ProStart Premium offers an 18 month free/72 month pro rata warranty; and Energizer offers a 24 month free/84 month pro rata warranty and a three-year free emergency jumpstart.

If you are a do-it-yourselfer, you should know auto supply stores offer a wide selection of tools and cleaning solutions that you’ll need to service a battery yourself. Always remember to wear a pair of rubber gloves and goggles when you handle your battery, as this will protect your hands and eyes from the acid.

If you suspect that you have a problem with your battery or electrical charging system, or you would like a Pep Boys’ professional to do a complete Battery Starting and Charging System Service, stop in or call to set up an appointment.

To find the nearest Pep Boys location, call 1-800-PEP-BOYS or visit pepboys.com.

TRICARE Prime Remote for active duty family members

TRICARE Prime Remote (TPR) is a program for active duty service members in the United States that gives them the TRICARE Prime option while they are assigned to duty stations in areas not served by the traditional military healthcare system. Recent legislation extended the TPR benefit to active duty family members residing with TPR eligible active duty sponsors in remote locations. TRICARE Prime Remote for Active Duty Family Members (TPRADFM) is expected to begin September 2002.

Eligibility for TRICARE Prime Remote:

- Active duty personnel, under full-time orders, who live and work more than 50 miles or one hour's drive time from a military treatment facility, in TPR designated zip codes, must enroll in TPR. Active duty family members residing with their TPR-eligible sponsor are eligible for TPRADFM.
- In addition, Reserve Component family members must meet the eligibility requirements for Prime to be eligible for TPRADFM. To check eligibility,

visit the TPR Website at www.tricare.osd.mil/remote.

Interim Waived Charges Ends

The interim "waived charges" benefit that began in August 2001 for TPRADFM will end September 2002. The "waived charges" benefit is for TPRADFM eligible active duty family members residing with their TPR-eligible active duty sponsor in TRICARE Prime Remote areas. This benefit implemented on August 1, 2001 waived most cost shares, co-pays, and deductibles associated with health care claims from October 30, 2000.

The waived charges benefit will end when TPRADFM is implemented in September. Active duty family members choosing not to enroll in TPRADFM will have TRICARE Standard or TRICARE Extra benefits with the applicable cost shares and deductibles.

Obtaining Medical Care with TRICARE Prime Remote

TPR enrollees, and TPRADFM enrollees (once TPRADFM is implemented), may select or be assigned a local

Primary Care Manager (PCM) where network providers are available within the TRICARE Prime drive time access standards. If more than one network PCM is available in your area, you may choose the PCM you prefer. To locate PCMs in your area log on to www.hnfs.net. If no network PCMs are available in your area, you may use any TRICARE certified provider for primary care. Contact (877) 262-5718 for help in locating a TRICARE certified provider.

If your primary care provider determines you need specialty care, that care must be coordinated through a Health Care Finder (HCF). If you have a network PCM, they will coordinate your specialty care with the regional HCF. If you do not have a network

The PCM may need to initiate coordination for your care with a regional HCF at (800) 406-2832.

For more information about TPRADFM, please call (800) 406-2832 and listen carefully for the TPRADFM option. You can also visit the TRICARE Prime Remote Website at www.tricare.osd.mil/remote/.

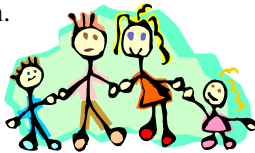


Courtesy Photo
Brooke Army Medical Center employee Ryan Calhoun received an Army Certificate of Achievement from the BAMC Safety Office for his efforts in saving a potential choking victim in the dining room on July 30.

Army Community Service Family Advocacy Program August Class Schedule

Class Title	Dates	Time
Pregnancy and Childbirth	22	9 a.m.-Noon.
Single Parent Support Group	23	Noon-1 p.m.
Women Encouraging Women	29	11 a.m.-Noon

Note: Bring a brown bag lunch to classes scheduled during the hours of 11 a.m.-1 p.m. To sign up for classes or for more information, please call ACS Family Advocacy Program at 221-2334 or 221-2350.



BAMC Urgent Care Clinic new hours

The new clinic hours for the Urgent Care Clinic are 8 a.m. to 11 p.m.



School Physicals added to TRICARE benefits

Under the 2001 National Defense Authorization Act, TRICARE will cover physical examinations required for school enrollment. The new benefit applies to all TRICARE-eligible beneficiaries age 5 through 11. However, it does not cover sports physicals. The effective date for the benefit was October 30, 2000.

TRICARE advised beneficiaries to save all receipts and related paperwork for TRICARE reimbursement of school physicals received since October 30, 2000. To file a claim for this reimbursement, they should attach the receipt and paperwork to a claim form and send it to their regional managed care support contractor.

TRICARE regards school physicals as preventive services. TRICARE Prime enrollees will not have co-payments or need referrals or authorizations from their primary care managers unless they go to a non-network provider. TRICARE Standard and Extra beneficiaries do not have to get referrals, but they will have to pay applicable cost shares and deductibles for the school physicals.

Beneficiaries may download claim forms from the TRICARE Website at <http://www.tricare.osd.mil/claims/default.htm> or may contact a local TRICARE Service Center. (Worldwide TRICARE Service Center directory is available online at <http://www.tricare.osd.mil/tricarecenters/default.cfm>)

Source: TRICARE News Release at <http://www.tricare.osd.mil>

Army Benefits Center-Civilian offers assistance on line

Effective Sept. 1, Army Benefits Center-Civilian (ABC-C) Counselors will be available online from 6 a.m. Central Daylight Standard Time to 6 p.m. CDST, Monday through Friday except on holidays.

Primary ABC-C benefits services are provided on line at <https://www.abc.army.mil> the Employee Benefit Information System (EBIS). The EBIS is a Web application that allows you to access general and personal benefit information, and conduct electronic transactions using a computer. The system contains comprehensive information and personalized benefits statements.

P.A.C.E.

September Workshop Schedule:

Class	Date	Time
Accessing the Army Benefits Center	5, 19	8 a.m.
Accessing Resumix	17	8 a.m.
Accessing Resumix	24	1:30 p.m.

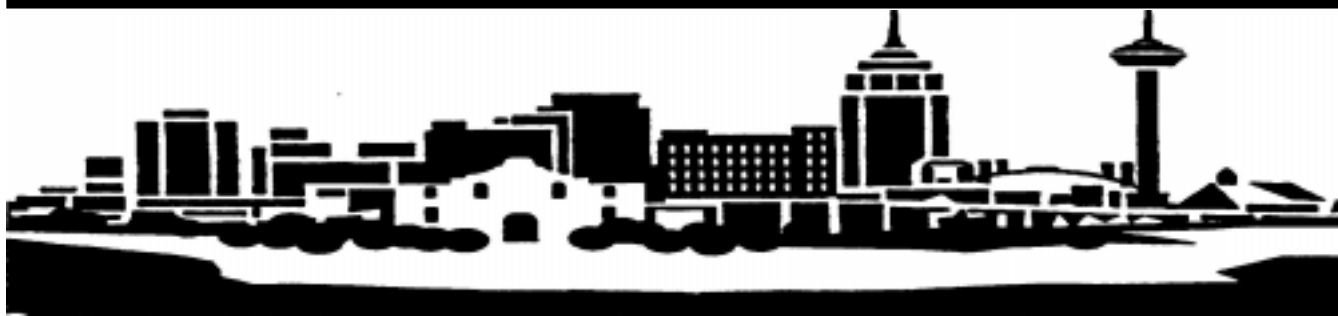
Note: All classes are by reservation only and limited to eight per class. To make your reservation or for more information, call 221-2276.

Health Promotion Center August Class Schedule

Class	Date	Time
Aerobics	22	11 a.m.-Noon
Weight Management	22	1-3 p.m.
Tobacco Cessation		
"Readiness to Change"	22	Noon-2 p.m.
Breast Health	23	11 a.m.-Noon
Cholesterol and Lipids	26	9-11:30 a.m.
Aerobics	27	11 a.m.-Noon
Diabetes Education	27	12:45-4 p.m.
Office Yoga	28	Noon-10 p.m.
Aerobics	29	11 a.m.-Noon

Call the Health Promotion Center to register for all classes at 916-3352, except Fibromyalgia Self-Help, Fibromyalgia Support Group, Diabetes Education, Diabetes Support Group, Weight Management. To register for Diabetes Education call the Internal Medicine Clinic at 916-0840 (even if you are in Tricare Prime), select option 2. To register for Weight Management call Nutrition Care Division at 916-5525. Fibromyalgia Self-Help requires your primary care provider to send a consult to Behavioral Medicine Clinic.

¿Que Pasa?



Community events

Veterans' Council nets fish fry, Aug. 24

The Greater Randolph Area Veterans Council will hold a Fish Fry on Aug. 24 from 5 to 8 p.m. at VFW Post 8315, 1000 FM Road 78 in Scherzo. Menu includes North Atlantic Pollock, French-fries, coleslaw, hushpuppies and tea. Cost is adults \$4 per plate and \$2 for children 12 and under. For information call VFW Post 8315 at (210) 658-6325 after 11 a.m.

Girl Scout Mounted Patrol Tryouts, Aug. 26

Join the "one-of-a-kind" troop in the nation, the Fort Sam Houston Girl Scout Mounted Patrol. Tryouts will be held Aug. 26, 6 p.m., at the Fort Sam Houston Riding Stables to fill eight positions on the troop. You do not have to be a Girl Scout, however, you must have a military ID card, be at least 10 years old and know how to walk, trot, and canter a horse competently. For information, call Shawna Lillis at 445-5856 or 493-0389 or Mary Hughes at 286-7997 or (830) 253-1231.

Navy League Luncheon, Aug. 29

The Alamo Council, Navy League of the U.S. invites the public to a luncheon on Aug. 29 at the Fort Sam Houston Golf Club House on Harry Wurzbach Highway at noon. The keynote speaker is Rear Admiral David L. Brewer, III, Commander, Military Sealift Command. Cost is \$13 per person. For reservations, call Capt. Don Beck at 492-3696 or Jesse Rodriguez at 826-7192 before Aug. 26.

C.A.M.P. Golf Tournament, Sept. 7

The Children's Association for Maximum Potential (C.A.M.P.) 9th Annual Golf Tournament will be held Sept. 7, 1 p.m. shotgun start, at the Tapatio Springs Resort and Conference Center. The four-player scramble cost is \$125 per person, seniors 65 and older, \$100. Deadline to sign up is Aug. 23. The funds raised from this event are used to support children with disabilities at the C.A.M.P. For information, call (210) 292-3571 or 292-3566.

24th Infantry Division Association Annual Reunion, Sept. 18-22

The 24th Infantry Division Association will hold its annual reunion Sept. 18-22 at the Adams Mark Hotel, 9103 East 39th Street, Kansas City Mo. 64221. For information contact Wes Morrison, reunion coordinator, at (831) 384-0139, e-mail wesm8@aol.com, Fax (831) 883-2156 or at 452 Gloria Circle, Marina, CA 93933. You may also contact Johnny Rodriguez, site chairman at (913) 262-7972, address: Rosendale P.O. Box 3464, Kansas City, MO 66103.

Excellence in Government Awards Luncheon, Sept. 20

All federal employees are invited to attend the 25th annual "Excellence in Government Awards ceremony and luncheon on Sept. 20, 11:30 a.m. to 1:30 p.m. at the Omni Hotel Main Ballroom, 9821 Colonnade Blvd. (off I-10). Cost is \$22 per person. Tickets available through the following ticket coordinators: USAG - Roy Perez, 221-0639; FSH - Kay Cole, 221-2551; BAMC - Arci Longoria, 916-3016, and Fifth Army - James Towle, 2210637.

San Antonio Military Community Job Fair, Sept. 29

More than 100 employers are expected for the San Antonio Military Community Job Fair Sept. 25, 9:30 a.m. to 3 p.m. at the Live Oak Civic Center, 8101 Pat Booker Road. The job fair is sponsored by the Fort Sam Houston Army Career and Alumni Program, the Randolph and Lackland Air Force Base Transition and Career Focus Programs, Webster University Alumni

Association and the Texas Workforce Commission. For information call the Army Career and Alumni Program at 221-1213.

Department of Periodontics Seeks Patients

The Wilford Hall Medical Center Department of Periodontics at Lackland Air Force Base is seeking additional patients with specific needs for treatment in the periodontics residence program. Applicants must be military retirees, family members of retirees or family members of active duty and must have been recently determined by a dentist to have an existing periodontal condition. For more information call 292-7273.

Volunteers needed

BOSS Seeks Single Soldiers

The Better Opportunities for Single Soldiers (BOSS) meetings are held on the 1st and 3rd Wednesday of every month at 2:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established at the installation to provide soldier input to the commander, who will use the committee's recommendations to improve single soldier's Morale, Welfare and Recreation programs to enhance quality of life. For more information, contact the current BOSS president Spc. Jeffrey Briere at 637-2229.

United Way Help Line seeks volunteers

United Way is looking for volunteers to answer calls from individuals in need of assistance. The Help Line provides information, referral, telephone counseling and crisis intervention services to the community. Telephone counselors are urgently needed to answer the Help Line during daytime and weekend shifts. Bilingual counselors are especially encouraged to sign up. To volunteer, call 352-7057.

BAMC Seeks Partner in Healing Volunteers

BAMC seeks volunteers to provide in-house patient transportation. Nurses rely on the patient transport program to stay on the wards and focus on quality patient care. Join the kind and dedicated team of volunteers who provide this important service to the patients. Call 916-5083 to become a BAMC Partner in Healing.

Meetings

MOPH Alamo Chapter 1836 Meeting, Sept. 7

The Military Order of the Purple Heart, Alamo Chapter 1836, will hold its monthly meetings at the Roadrunner Community Center, Bldg. 2797 beginning at 10 a.m. The following are the meeting scheduled dates for the remainder of the year: Aug. 3, Sept. 7, Oct. 5, Nov. 2 and Dec. 7. Members of the MOPH, who do not have a DoD sticker on their vehicle, should enter FSH through the Walter's gate entrance to obtain a pass.

MOMs Club of San Antonio-Northeast Meeting, Sept. 10

The MOMs Club of San Antonio-Northeast, a support group for stay-at-home moms and their children, will hold their monthly meeting on Sept. 10 from 9:45 to 11:30 a.m. The club meets at the Saint Margaret Episcopal Church, 5310 Stall Road in San Antonio. For information call Sand at 566-8162.

In the classroom

ESL classes taught at the Roadrunner

English as a Second Language classes are held on Fort Sam Houston at the Roadrunner Community Center and are free. They are designed especially for foreign-born spouses to increase reading comprehension, vocabulary, and pronunciation. Classes are appropriate for beginner, intermediate and advanced students with individualized

group instruction. The Army Community Service Relocation Assistance Program and the Region 20 Education Center sponsor classes. To register, call 221-2418.

Fall Children's Vegetable Garden Session starts Aug. 24

The Fall Children's Vegetable Garden Session begins Aug. 24 and meets every Saturday morning from 9 to 11 a.m. until June. Class size is limited to 120 young gardeners and participants should be committed to attend every Saturday. Registration fee is \$5. For information call 207-3255 or register at the Botanical Center.

Otras Cosas

Questions about menopause?

The Health Promotion Center and the Women's Health Clinic invite you to attend a class to discuss the many aspects of menopause. This class will be held in the BAMC Health Promotion Center (3-W) on Sept. 9 from 5 to 7 p.m. Guest speakers will be Maj. Heather Williams, MD, OB/GYN and Lt. Col. Barbara Hector, Women's Health Nurse Practitioner. For reservations call 916-3352.

Enjoy a \$1 dinner at USO

The USO offers a \$1 dinner every Saturday at 6 p.m. Enjoy a great "home cooked" meal and then explore what downtown San Antonio has to offer or take advantage of free pool and foosball tables, movies, game room and family room. The USO is open to all military personnel and their families Wednesday, Thursday and Sunday from 9 a.m. to 5 p.m. and Friday and Saturday from 9 a.m. to 11:30 p.m. For more information, call the USO at 227-9373.

E-mail Lists Tell What's New for Kids at Science Websites

The Agricultural Research Service has now made it easy to know when something new is posted on the agency's popular Websites geared for kids. The Websites area geared mainly for kids age 8 to 13 and is designed to nurture an interest in science and explaining, often in playful ways, how science affects everyday life and why it can make an interesting career. Science for Kids is at <http://www.ars.usda.gov/is/kids>. The Spanish Website is <http://www.ars.usda.gov/is/espanol/kids>.

Read Across Texas at the Fort Sam Houston Library

The Fort Sam Houston Library is conducting its annual summer reading program for children in pre-school through eighth grades. The program is designed to keep youngsters reading throughout the summer. Register at the Fort Sam Houston Library and keep track of all the books you read. Children enrolled in the program can earn a brand new book, a certificate and a "Read Across Texas" T-shirt. For more information call the Library at 221-4702 or 221-4170.

U.S. Navy Cruiser Sailors Association seeks crewmembers

The U.S. Navy Cruiser Sailors Association is attempting to locate any and all cruiser crewmembers living in the San Antonio metropolitan area. Cruiser crewmembers may contact Jim Patin, Sr. at 210-656-4410 for information on time and dates of the monthly meetings.

Monthly meetings of the San Antonio Cruiser Sailors Chapter of the U.S. Navy Cruiser Sailors Association, promoting comradeship and the spinning of war stories, are held monthly at Schubert's Cafeteria, 9999 Perrin Beitel, San Antonio, Texas. All prior or current military personnel of all services are welcome.

Oliver North to autograph books at PX, Sept. 15

Oliver North will be at the Fort Sam Houston PX on Sept. 15, at 2 p.m. to autograph copies of his latest book, "Mission Compromised."

VIA Buses on Holiday schedule for Labor Day

In observance of Labor Day, Via Metropolitan Transit buses, streetcars and Information centers will operate on Sunday schedule. All Information Centers will be closed. The Information Line, 362-2020, will be open from 8 a.m. to 5 p.m.

Join the study group for the “Prayer of Jabez”

Join us as we begin a study on the “Prayer of Jabez.” This book has sold more than two million copies and was the 2002 Gold Medallion Winner. Taking you to an obscure corner of 1 Chronicles, Bruce Wilkinson introduces you to Jabez’s audacious one-sentence prayer. The study begins Wednesday, Sept. 4 from 11:45 a.m. to 12:45 p.m. at Dodd Field Chapel. For more information, contact Chaplain (Lt. Col.) Otis Mitchell at 221-5427.

Post worship schedule

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Protestant

Sunday:

8 a.m. Service, AMEDDD Regimental Chapel, Bldg. 1398

9 a.m. Traditional Service, Installation Chaplain’s Office, Bldg.2530

9:15 a.m. Troop Service, Evans Auditorium, Bldg. 1396

10 a.m. Service, BAMC Chapel

10:45 a.m. Gospel Service, Dodd Field Chapel, Bldg. 1721

11 a.m. Service, AMEDDD Regimental Chapel

11:15 a.m. Gospel Service, Evans Auditorium

12:30 Spanish Service, AMEDDD Regimental Chapel

Wednesday:

9:30 to 11:30 a.m. PWOC meeting, Dodd Field Chapel (Childcare is provided for those who attend PWOC meeting).

12 p.m. Bible Study, Dodd Field Chapel

12 p.m. Service, BAMC Chapel

Catholic

Saturday: 5:30 p.m. Mass, AMEDDD Regimental Chapel

Sunday:

8:30 a.m. Mass, BAMC Chapel

9:15 a.m. Mass, Dodd Field Chapel

9:15 a.m. Mass, AMEDDD Regimental Chapel

11:15 a.m. Mass, BAMC Chapel

*12:45 p.m. Mass, Dodd Field Chapel

*Bilingual Mass on 1st Sunday of the month (For information call 590-6593).

Weekdays:

11 a.m. Mass, BAMC Chapel

11:30 a.m. Mass, AMEDDD Regimental Chapel

1st Friday: 9 a.m. Mass Catholic Women, Dodd Field Chapel

Jewish

Friday:

8 p.m. Service, Dodd Field Chapel

8:30 p.m. Oneg Shabbat, Dodd Field Chapel

(For information call 379-8666 or 493-6660)

Mormon

Sunday: 10:30 a.m. Bldg. 1350, Room 1, Koehler Road, across from Evans Auditorium

Tuesday: 7 p.m. LDS Studies, AMEDDD Regimental Chapel

Muslim

Sunday: 10:30 a.m. Religious Education, Bldg. 607A, Infantry Post

Friday: 1:30 to 2:30 p.m. Prayer Service, Bldg. 607A, Infantry Post

Thursday: 8 p.m. Adult Religious Education, Bldg. 607A, Infantry Post



Join PWOC for fellowship, fun and Bible studies

The Protestant Women of the Chapel (PWOC) invite you to the beginning of four Bible studies this year. Join us for food, fun, fellowship, outreach, studies and more every Wednesday from 9:30 to 11:30 a.m. Childcare is provided. For information call Becky Bergstrom at 231-6260 or Robb Wood 221-5428 or 221-5010.

The four Bible studies are:

- **Becoming a Vessel God Can Use** by Donna Partow — A ten-week journey for small groups or individuals that offers hope, laughter, and transformation to women who long to discover new confidence and significance.
- **A Marriage Without Regrets** by Kay Arthur — Learn God’s ground rules for marriage as you discover what the Bible says about: resolving conflict, understanding each partner’s role, communicating clearly with compassion, improving your sexual relationship, training up children who turn out right, becoming financially wise, and a whole lot more! Experience a more fulfilling, powerful union based on supportive, Christ-centered teaching straight from God’s Word.
- **A Heart Like His: A Study of David** by Beth Moore —In this extended reflection on the life of

David, drawn from the accounts in the two books of Samuel and from the Psalms, author and self-described Sunday school teacher Beth Moore translates into plain and direct language the message she finds in this story of a shepherd boy who is chosen as God’s own servant. Moore approaches these texts not as a scholar but as a believer.

- **Making Your Home A Haven:** Strategies for the Domestically Challenged by Cyndy Salzmnn —Do you have a dead parakeet in your freezer? Feel like cooking only “occasionally”? Have to hide under your apron to find quiet? Don’t despair—here’s hope and a hug! Wife, mother and home-based business owner Salzmnn offers humorous personal anecdotes, biblical principles, and realistic strategies for moving your household from chaos to contentment

Protestant outdoor worship service, Sept. 22

AMEDDC&S and Fort Sam Houston will conduct a Protestant Outdoor Service Sept. 22, 10 a.m. in the Fifth Army Quadrangle located on Grayson St.

Fort Sam Houston Jewish High Holy Days

September Schedule		
Jewish High Holy Day	Date	Time
Eve of Rosh Hashanah	6	7:45 p.m.
First Day of Rosh Hashanah	7	9 a.m.
Evening Service	7	8 p.m.
Second Day of Rosh Hashanah	8	9 p.m.
Eve of Yom Kippur	15	7:30 p.m.
Yom Kippur	16	9 a.m.
All High Holy Day services will be held at in the Dodd Field Chapel, Bldg. 1721, located off Harry Wurhzbach Highway at the intersection of Winans Road and Dodd Boulevard on Fort Sam Houston.		
For information call 221-5010, 439-6660 or 379-8666.		